

PSYT90092 Mental Health and Ageing

Credit Points:	12.5
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2016, Parkville This subject commences in the following study period/s: Term 4, Parkville - Taught online/distance.
Time Commitment:	Contact Hours: 30 Total Time Commitment: 170 hours
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	For the purposes of considering requests for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: http://services.unimelb.edu.au/disability/
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Subject Overview:	In this subject the implications of mental health and ageing are explored from a range of bio-medical and social perspectives. Lecture topics include understanding the distinction between mental health and mental illness, placing mental health and ageing within a lifespan framework with an emphasis on cognitive changes in later life and managing common mental health disorders in older age. Screening, assessment and psychological interventions for these common conditions are covered, including late life delusional disorders, substance use and abuse, anxiety and personality disorders, delirium and dementia, depression and pain. This subject also discusses demographic projections for mental health disorders and considers strategies to support an ageing worldwide population, including mental health promotion.
Learning Outcomes:	On completion of this subject, students will be able to: <ul style="list-style-type: none"> # Clearly articulate the difference between mental health and mental illness; # Demonstrate an informed understanding of the common mental health disorders that occur in later life; and # Develop knowledge and skills for assessment of older persons with mental health disorders.
Assessment:	Weekly contribution to Online Discussions (10%) Three on-line quizzes, each quiz worth 5% held throughout the teaching period (15%) Written assignment (1,500 words) due in the middle of the teaching period (25%) Critical essay (3,000 words) due at the end of the teaching period (50%)

Prescribed Texts:	Students will have access to electronic copies of relevant readings.
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	<p>Students will be provided with the opportunity to practice and reinforce:</p> <ul style="list-style-type: none"> # High level written communication skills. # Advance information and interpretation skills. # Advance analytic, integration and problem-solving skills # Demonstrate competence in critical and theoretical thinking through essay writing and online discussions.
Related Course(s):	<p>Graduate Certificate in Ageing Graduate Certificate in Mental Health Science Graduate Diploma in Ageing Graduate Diploma in Mental Health Science Master of Ageing Master of Mental Health Science Master of Public Health Specialist Certificate in Ageing</p>
Related Majors/Minors/ Specialisations:	Ageing