

POPH90257 Body of Ageing

Credit Points:	12.5
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2016, Parkville This subject commences in the following study period/s: Term 3, Parkville - Taught online/distance.
Time Commitment:	Contact Hours: 30 hours Total Time Commitment: 170 hours
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Description, Subject Objectives, Generic Skills and Assessment Requirements of this entry. The University is dedicated to provide support to those with special requirements. Further details on the disability support scheme can be found at the Disability Liaison Unit website.
Coordinator:	Assoc Prof Louisa Remedios
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Subject Overview:	This subject focuses on how the body and its systems are affected by ageing and explores the differences between the natural ageing process and physical changes that develop as a result of illness with older persons. Students will also examine the effects of the environment and lifestyle factors on musculoskeletal, cardiorespiratory and neurological systems that contribute to the experience of ageing and to the individual's capability to engage with their participation preferences. Understanding the common impairments and physiological changes behind them that occur as part of ageing process provides students with a fundamental base to critically analyse as well as develop strategies for healthy ageing and disease prevention.
Learning Outcomes:	On completion of this subject, students will be able to: # Recognise the physiological changes that occur as part of the ageing process, and distinguish the signs and symptoms commonly associated with ageing from those associated with disease. # Recognise risk factors contributing to reduced function and participation in later life. # Select appropriate strategies to prevent and minimise the impact of risk factors on function and participation throughout the ageing process. # Evaluate current literature to select appropriate Referral/Resource to optimise care.

	<ul style="list-style-type: none"> # Develop critical reflection and self-evaluation of their own experience with ageing and, if relevant, in their professional practice and work setting. # Analyse, assess and develop strategies for healthy ageing and disease prevention.
Assessment:	Contribution to online participation throughout the teaching period (10%) One 1,000 word case study due in the middle of the teaching period (20%) One 10 minute presentation at the end of the teaching period (20%) One 2,500 word written assignment due at the end of the assessment period (50%)
Prescribed Texts:	Students will have access to electronic copies of relevant readings.
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	<p>Students will be provided with the opportunity to practice and reinforce:</p> <ul style="list-style-type: none"> # Identify, critically analyse and evaluate relevant information. # High level written communication skills. # Apply research skills to make evidence-supported recommendations.
Related Course(s):	<p>Graduate Certificate in Ageing Graduate Certificate in Rehabilitation Science Graduate Diploma in Ageing Graduate Diploma in Rehabilitation Science Master of Advanced Nursing Master of Ageing Master of Public Administration Master of Public Administration (Enhanced) Master of Public Health Master of Rehabilitation Science Specialist Certificate in Ageing</p>
Related Majors/Minors/ Specialisations:	<p>100 Point Master of Public Policy and Management 150 Point Master of Public Policy and Management 200 Point Master of Public Policy and Management Ageing</p>