

NURS90066 Foundations of Nursing

Credit Points:	12.5
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2016, Parkville This subject commences in the following study period/s: Semester 1, Parkville - Taught on campus.
Time Commitment:	Contact Hours: 24 lectures/tutorials/seminars, 12 hours experiential/simulated learning sessions Total Time Commitment: 170 hours
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	<p>For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.</p> <p>It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: http://services.unimelb.edu.au/disability</p>
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Subject Overview:	This subject introduces students to the historical foundations and broad frameworks which shape the scope and dimensions of nursing. It takes a lifespan approach to key areas of practice, including child and adolescent health, aged care and mental health. Regulatory, legal and ethical frameworks that guide professional practice are examined. International, national and local politico-legal and economic factors that impact on the healthcare system and the sustainable provision of health services within in-patient and community settings are explored. Population health, health promotion and health literacy are considered within the National Health Priorities. Principles of cultural diversity and safety are explored. Emphasis is also given to the health of Aboriginal and Torres Strait Islander populations. Using experiential learning, students will develop general interaction and therapeutic communication skills that enable them to perform nursing assessments and engage in supportive interventions that demonstrate cultural competence and are appropriate to patient/client emotions, cues and educational needs. Students will gain an understanding of human development across the lifespan, theories of coping and adaptation, therapeutic relationships, and patient and carer perspectives. Throughout, students are encouraged to explore and reflect upon their own values and beliefs about health and illness.
Learning Outcomes:	At the completion of this subject students should be able to: <ul style="list-style-type: none"> # begin to appreciate the complex interaction between the multiple factors and current global and local contexts that influence nursing practice; # understand ethical and legal boundaries of nursing practice; # discuss the role of the registered nurse in terms of regulatory frameworks for practice; # understand environmental and socioeconomic issues that promote or impede the delivery of sustainable health care services;

	<ul style="list-style-type: none"> # explain some ways in which National Health Priorities are being addressed through health promotion and health literacy strategies; # identify common physical and mental health issues that occur among children and adolescents, older adults, Aboriginal and Torres Strait Islanders, and vulnerable populations; # demonstrate beginning skills in professional communication, including an understanding of professional boundaries and self-awareness; # understand the relationship of developmental theories and concepts to health across the lifespan; # explore the concepts of health promotion, health literacy, early detection and early intervention in relation to health and illness; # understand the importance of cultural safety/sensitivity in negotiating healthcare strategies that achieve outcomes endorsed by the recipient of health care interventions; # discuss patient education within the context of global trends toward self-care for individuals with acute and chronic illness.
Assessment:	Equivalent to 1500 word assignment - due Week 7 (30%) 2000 word written assignment - due Week 10 (40%) 1 hour on-line timed quiz, equivalent to 1500 words - due Exam period (30%)
Prescribed Texts:	Atkins, K., Lacey, S. d., & Britton, B. (2014). Ethics and Law for Australian Nurses. Melbourne: Cambridge University Press. Best, O., & Fredericks, B. (2014). Yatdjuligin: Aboriginal and Torres Strait Islander Nursing and Midwifery Care. Melbourne: Cambridge University Press. Crisp, J., Taylor, C., Douglas, C., & Rebeiro, G. (Eds.). (2013). Potter and Perry's fundamentals of nursing (Australian adaptation (4th ed.)). Chatswood, N.S.W: Elsevier Australia Eckermann, A., Dowd, T., Chong, E., Nixon, L., Gray, R., & Johnson, S. (2010). Binan Goonj; bridging cultures in Aboriginal health (3rd ed.). Sydney: Elsevier Churchill Livingstone. Edward, K., Munro, I., Robins, A., & Welch, A. (2011) Mental health nursing: Dimensions of praxis. Melbourne: Oxford University Press Green, J., Tones, K., Cross, R., & Woodall, J. (2015). Health Promotion: Planning and strategies (3rd ed.). Los Angeles Perrin, R. (2015). Pocket guide to APA style(5th ed.). Boston: Houghton Mifflin College
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Links to further information:	http://nursing.unimelb.edu.au/
Related Course(s):	Master of Nursing Science