

## PSYT90071 Reflective Youth Mental Health Practice

<b>Credit Points:</b>	25									
<b>Level:</b>	9 (Graduate/Postgraduate)									
<b>Dates &amp; Locations:</b>	This subject is not offered in 2015.									
<b>Time Commitment:</b>	Contact Hours: Nil (online only) Total Time Commitment: 240 hours									
<b>Prerequisites:</b>	None									
<b>Corequisites:</b>	<table border="1"> <thead> <tr> <th>Subject</th> <th>Study Period Commencement:</th> <th>Credit Points:</th> </tr> </thead> <tbody> <tr> <td>PSYT90073 Treatment of Early Psychosis in Youth</td> <td>Semester 1</td> <td>12.50</td> </tr> <tr> <td>PSYT90076 Management of Youth Mental Health</td> <td>Semester 2</td> <td>12.50</td> </tr> </tbody> </table>	Subject	Study Period Commencement:	Credit Points:	PSYT90073 Treatment of Early Psychosis in Youth	Semester 1	12.50	PSYT90076 Management of Youth Mental Health	Semester 2	12.50
Subject	Study Period Commencement:	Credit Points:								
PSYT90073 Treatment of Early Psychosis in Youth	Semester 1	12.50								
PSYT90076 Management of Youth Mental Health	Semester 2	12.50								
<b>Recommended Background Knowledge:</b>	Undergraduate degree in a health-related discipline or 100cp of Master of Youth Mental Health subjects.									
<b>Non Allowed Subjects:</b>	None									
<b>Core Participation Requirements:</b>	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt; &lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: &lt;a href="http://services.unimelb.edu.au/disability"&gt;http://services.unimelb.edu.au/disability&lt;/a&gt;&lt;/p&gt;</p>									
<b>Contact:</b>	<p>Dr Candice Boyd  <a href="mailto:cboyd@unimelb.edu.au">cboyd@unimelb.edu.au</a> (mailto:cboyd@unimelb.edu.au)</p> <p><b>Administration</b>  Val Popovska  <a href="mailto:popovska@unimelb.edu.au">popovska@unimelb.edu.au</a> (mailto:popovska@unimelb.edu.au)</p>									
<b>Subject Overview:</b>	<p>Students spend a period of two semesters improving their practice in youth mental health. Students reflect upon and study the following in an online community of practitioners:</p> <ul style="list-style-type: none"> <li>• Counselling skills to engage and develop rapport with young people and their families.</li> <li>• The process of therapeutic counselling and the role of micro-skills such as attending, observing, listening and responding.</li> <li>• Integration of counselling theory and knowledge of developmental psychopathology in work with young people and their families.</li> <li>• Advanced skills and knowledge in the provision of psychoeducation to young people and their families.</li> <li>• The collaborative development and review of operationalised treatment goals.</li> <li>• The problem-solving model.</li> <li>• Reflective and ethical practice.</li> </ul>									
<b>Learning Outcomes:</b>	.									
<b>Assessment:</b>	25% analysis of mock clinical interview, 1,500 words (due Week 6 of first semester) 25% graded reflective journal, weekly entries of at least 300 words each for at least 10 weeks (due Week 12 of first semester) 25% self-analysis of clinical interview or session conducted by the student,									

	1,500 words (due Week 6 second semester) 25% graded reflective journal, weekly entries of at least 300 words each for at least 10 weeks (due Week 12 of second semester)
<b>Prescribed Texts:</b>	None
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Related Course(s):</b>	Master of Youth Mental Health