

## PSYT90059 Drug and Alcohol Use Disorders

<b>Credit Points:</b>	6.25
<b>Level:</b>	9 (Graduate/Postgraduate)
<b>Dates &amp; Locations:</b>	2015, Parkville This subject commences in the following study period/s: May, Parkville - Taught on campus.
<b>Time Commitment:</b>	Contact Hours: Contact Hours: 6 weeks times 3.5 hour seminars Total Time Commitment: Not available
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	For the purposes of considering requests for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and the Disability Liaison Unit: <a href="http://www.services.unimelb.edu.au/disability/">http://www.services.unimelb.edu.au/disability/</a>
<b>Coordinator:</b>	Dr Kah-Seong Loke
<b>Contact:</b>	<p><b>Academic contact:</b> Dr Kah-Seong Loke Email: <a href="mailto:kah-seong.loke@unimelb.edu.au">kah-seong.loke@unimelb.edu.au</a> (mailto:kah-seong.loke@unimelb.edu.au)</p> <p><b>Administrative contact:</b> Victoria Kingsley Email: <a href="mailto:vkingsley@unimelb.edu.au">vkingsley@unimelb.edu.au</a> (mailto:vkingsley@unimelb.edu.au)</p>
<b>Subject Overview:</b>	<p>The unit will provide an introduction into the area of substance abuse - definitions, classification systems, and epidemiology including incidence, prevalence and risk factors. It will cover the major substances of abuse including alcohol and other central nervous system depressants, stimulants and hallucinogens. The unit will have a practical approach, covering issues of features of the substance abuse disorder, assessment, long term effects and complications, family issues and medical and psychosocial management.</p> <p>The interface between the substance abuse disorder and mental health and the issue of "Dual Diagnosis", i.e. the co-occurrence of serious mental illness and substance use disorder in a particular person will comprise a major focus of the selective. Issues specific to the field of "Dual Diagnosis" such as epidemiology, the relationship between mental disorder and substance use disorder, the diagnosis of the respective conditions and their acute and long-term management will be covered.</p> <p>Delivery of care in various treatment settings such as inpatient care, home-based detoxification, and residential support and rehabilitation services will be examined. Theoretical aspects of addiction and the psychological framework for treatment such as Prochaska and Di Clemente's 'stages of change', motivational interviewing, 12 steps programme of AA, co-dependency, relapse prevention and Zimberg's social setting will be explored. The wider impact of substance abuse in the community will be covered, including prevention and health promotion, public education, the media, political, economic and social issues related to the availability of substances.</p>

<b>Learning Outcomes:</b>	<ul style="list-style-type: none"> <li># Describe the epidemiology, aetiology, psychopathology, clinical features, complications and natural history of substance abuse disorders and the issues specific to "Dual Diagnosis" field</li> <li># Describe the organisations involved in the delivery of drug treatment services</li> <li># Demonstrate the clinical skills and knowledge needed to assess and develop treatment interventions for patients with substance use disorders</li> <li># Demonstrate the skills required to communicate clearly with colleagues especially in relation to the implications of psychiatric issues with colleagues, patients and carers including the specific interpersonal skills required in the management of patients with substance use disorders and to effectively liaise with medical and non-medical colleagues in non-psychiatric settings</li> </ul>
<b>Assessment:</b>	Case history, 1500 words, due at the end of the end of semester examination period (50%) 10 minute class presentation, during term, (30%) Logbook, due at the end of the end of semester examination period (20%) Attendance: 75% of sessions (for face-to-face students) OR 75% completion of online modules (for online students) (Hurdle requirement)
<b>Prescribed Texts:</b>	Solomon, J., Zimberg, S. & Shollar, E. (ed) (1993), Dual diagnosis: Evaluation, Treatment, Training and Program Development, Plenum Medical Books Co, New York Gitlow S. (2001), Substance Use Disorders, Lippincott Williams & Wilkins, Philadelphia Cami J & Farre M (2003), Mechanisms of disease: Drug Addiction, New England Journal of Medicine 2003: 349 (10) pp. 975-986
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Notes:</b>	This subject is available through the <b>Community Access Program (CAP)</b> ( <a href="http://futurestudents.unimelb.edu.au/courses/community_access_program">http://futurestudents.unimelb.edu.au/courses/community_access_program</a> ) .
<b>Related Course(s):</b>	Master of Psychiatry