

PSYT90038 Foundations of Working with Families

Credit Points:	12.5
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2015, Parkville This subject commences in the following study period/s: Semester 1, Parkville - Taught on campus.
Time Commitment:	Contact Hours: 24 contact hours Total Time Commitment: 170 hours total
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	Currently working in field.
Non Allowed Subjects:	None
Core Participation Requirements:	A minimum of 80% of seminars must be attended
Coordinator:	Assoc Prof Sophie Havighurst
Contact:	Administrative contact Victoria Kingsley Email: vkingsley@unimelb.edu.au (mailto:vkingsley@unimelb.edu.au)
Subject Overview:	This subject will cover: <ul style="list-style-type: none"> • specific aspects of developmental theory, cognitive-behavioural theory, psychodynamic theory and systems theory perspectives which may be used to understand and work effectively with families; • various forms of family therapy intervention and their application in specific situations; • various forms of family behaviour and appropriate methods of intervention; and • common challenges with respect to engaging and working with families.
Learning Outcomes:	Participants will develop their understanding of: <ul style="list-style-type: none"> §The principal theoretical orientations employed in clinical work with families. §The fundamental concepts that these theoretical orientations are based upon. §The rationale for selection of one form of treatment over another. §The application of appropriate therapeutic interventions.
Assessment:	Essay of 4,000 words due end of semester (worth 75%) Take-home test of 1,000 words due week 6 (worth 25%) Minimum seminar attendance of 80% (hurdle requirement)
Prescribed Texts:	None
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	On completion of this subject, participants should be able to: <ul style="list-style-type: none"> §Establish a therapeutic relationship with families. §Identify which interventions might be effectively applied to specific presenting problems of families with whom they work.

	§Develop a treatment plan for specific presenting problems of families with whom they work.
Related Course(s):	Graduate Diploma in Mental Health Science Master of Mental Health Science