

## PHTY90002 The Pelvic Floor:Function&Dysfunction

<b>Credit Points:</b>	12.5
<b>Level:</b>	9 (Graduate/Postgraduate)
<b>Dates &amp; Locations:</b>	2015, Parkville This subject commences in the following study period/s: March, Parkville - Taught on campus. On-campus lectures and tutorials, off-campus clinical placements
<b>Time Commitment:</b>	Contact Hours: 30 hours of lectures, 15 hours tutorials, practical sessions, 20 hours of clinical practice. Total Time Commitment: Students are expected to undertake a number of hours of self directed learning in this subject. Approximately 100 hours of self directed learning is suggested.
<b>Prerequisites:</b>	For Postgraduate Certificate: PHTY90040 Physiotherapy Professional Portfolio
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	None
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<b>Subject Overview:</b>	This subject covers anatomy, functional anatomy and neurophysiology of the pelvis and its contents, with particular emphasis on the pelvic floor muscles and fascia, micturition and the urinary tract. Types of incontinence and diagnostic procedures are discussed and physiotherapy assessment and management of different types of incontinence are studied theoretically and practically. Pathology of connective tissue and its relationship to prolapse, and surgical procedures in gynaecology are studied theoretically. The use of electrotherapy for diagnosis and treatment is included. An introduction to evidence based practice and computer database searching are provided.
<b>Learning Outcomes:</b>	On completion of the subject, students will be expected to be able to demonstrate the following: <ul style="list-style-type: none"> <li>• A sound knowledge of the anatomy, applied anatomy and function of the pelvis and pelvic floor and urinary tract, including the bladder and its outlet.</li> <li>• The ability to identify the various forms of urinary incontinence seen in adult female patients</li> <li>• The ability to clinically assess and treat an adult female patient who presents with complex urinary incontinence symptoms, including the use of adjunctive therapy</li> <li>• The ability to identify the major features of muscle and exercise physiology that influence exercise programming in pelvic floor rehabilitation</li> <li>• Understanding of the role of a physiotherapist in a clinical continence service</li> </ul>

	<ul style="list-style-type: none"> <li>• The ability to understand the specific details of diagnostic procedures in the diagnosis of urinary incontinence</li> <li>• An advanced level of knowledge of the neurophysiology of electrical stimulation as an assessment and treatment of urinary incontinence.</li> <li>• Knowledge of the theoretical basis and practical application of behavioural modification and bladder training in the treatment of urge urinary incontinence.</li> <li>• Having viewed continence clinicians in their practice and/or surgery, be able to integrate physiotherapy clinical skills with that of other continence team members, including surgeons.</li> </ul>
<b>Assessment:</b>	Practical assessment (40%) Week 2 of course Written assignment (60%) Week 8 Students must obtain a pass in both the practical and theoretical components in order to pass the subject.
<b>Prescribed Texts:</b>	Bø, K., Berghmans, L.C.M., Van Kampen, M., Morkved, S. (eds). (2007). Evidence-Based Physical Therapy for the Pelvic Floor: Bridging Science and Clinical Practice. London: Churchill Livingstone
<b>Recommended Texts:</b>	<ul style="list-style-type: none"> <li># Abrams P, Cardozo L, Khoury S and Wein A J (Eds) (2009): Incontinence: 3rd International Consultation on Incontinence, Plymouth, UK: Health Publication Ltd.(3rd edition available online: <a href="http://www.icsoffice.org">www.icsoffice.org</a> -&gt; link to Documents)</li> <li># Cardozo L and Staskin D (Eds) (2006): Textbook of Female Urology and Urogynaecology (2nd edn). London: Isis Medical Media Ltd.</li> <li># Corcos J and Schick E (Eds) (2001): The urinary sphincter . New York: Marcel Dekker.</li> <li># Mantle J, Haslam J and Barton S (2004): Physiotherapy in Obstetrics and Gynaecology. (2nd ed.) London: Butterworth-Heinemann.</li> </ul>
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	<p><b>Generic Skills:</b></p> <p>On completion of the subject, students are expected to be able to demonstrate:</p> <ul style="list-style-type: none"> <li># Well developed problem solving skills</li> <li># Improved capacities in seeking, evaluating and retrieving information</li> <li># An appreciation of a team approach to learning</li> <li># A basic understanding of critical evaluation of research literature</li> </ul> <p><b>Specific Skills:</b></p> <p>On completion of the subject, students are expected to be able to demonstrate:</p> <ul style="list-style-type: none"> <li># A sound knowledge of the anatomy, applied anatomy and function of the pelvis and pelvic floor and urinary tract, including the bladder and its outlet.</li> <li># The ability to identify the various forms of urinary incontinence seen in adult female patients</li> <li># The ability to clinically assess and treat an adult female patient who presents with complex urinary incontinence symptoms, including the use of adjunctive therapy</li> <li># The ability to identify the major features of muscle and exercise physiology that influence exercise programming in pelvic floor rehabilitation</li> <li># An understanding of the role of a physiotherapist in a clinical continence service</li> <li># The ability to understand the specific details of diagnostic procedures in the diagnosis of urinary incontinence</li> <li># An advanced level of knowledge of the neurophysiology of electrical stimulation as an assessment and treatment of urinary incontinence.</li> <li># Knowledge of the theoretical basis and practical application of behavioural modification and bladder training in the treatment of urge urinary incontinence</li> <li># Having viewed continence diagnostic procedures and surgery, be able to integrate physiotherapy clinical skills with that of other continence team members, including surgeons</li> </ul>
<b>Links to further information:</b>	<a href="http://www.physioth.unimelb.edu.au/programs/pgrad/index.html">http://www.physioth.unimelb.edu.au/programs/pgrad/index.html</a>
<b>Related Course(s):</b>	Doctor of Clinical Physiotherapy

	Graduate Certificate in Physiotherapy (Pelvic Floor Physiotherapy) Master of Physiotherapy Postgraduate Certificate in Physiotherapy (Pelvic Floor Physiotherapy)
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