

## PSYT90009 Family in Psychiatry: Theory & Practice

<b>Credit Points:</b>	6.25
<b>Level:</b>	9 (Graduate/Postgraduate)
<b>Dates &amp; Locations:</b>	This subject is not offered in 2014.
<b>Time Commitment:</b>	Contact Hours: 6 weeks x 3.5-hour seminars Total Time Commitment: Not available
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	For the purposes of considering requests for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and the Disability Liaison Unit: <a href="http://www.services.unimelb.edu.au/disability/">http://www.services.unimelb.edu.au/disability/</a>
<b>Contact:</b>	<p><b>Academic Contact:</b></p> <p>Dr Colin Riess Email: <a href="mailto:coldoc.riess4@gmail.com">coldoc.riess4@gmail.com</a> (mailto:coldoc.riess4@gmail.com)</p> <p><b>Administrative contact:</b></p> <p>Aris Cologon Email: <a href="mailto:acologon@unimelb.edu.au">acologon@unimelb.edu.au</a> (mailto:acologon@unimelb.edu.au) Phone: 8344 8975</p>
<b>Subject Overview:</b>	Students will gain a comprehensive grounding in family based approaches in mental health management and treatment. There will be opportunities for understanding theory, developing some practice skills and exploring practical applications of systems and narrative based work with families.
<b>Learning Outcomes:</b>	<ul style="list-style-type: none"> <li># Recognise the complex role that the family and other carers play in the life of individuals with a mental illness develop and apply family sensitive practice principles in the context of mental health services and management</li> <li># Describe the history of 'family-based' approaches in psychiatric management and psychotherapy, the principles of general systems theory, the major structural practice models and theories in family therapy, 'post structural' theory and the derivation of narrative and solution focus practice models in family therapy, the legislation concerning confidentiality and its impact on family and carer involvement and outcome research regarding family involvement in mental health treatment approaches and family therapy</li> <li># Recognise the influence of therapist's personal, ethnic, gender, professional and work contexts in the shaping of any therapeutic encounter with individuals and families including their own personal values and belief systems as they arose from their own families of origin</li> <li># Describe and apply the principles of conducting conjoint family sessions in regard to joining engagement, assessment, interventions and recognise the factors which affect engagement and treatment outcome</li> <li># Demonstrate the ability to work to assimilate and integrate the various modalities of family based work covered in this series with the rest of their psychiatric training and knowledge and be able to use the skills necessary using approaches based on systemic and post structural principals in family therapy to implement family based interventions as a part of total patient management and treatment</li> </ul>

<b>Assessment:</b>	The unit is assessed through the candidate's presentation of the literature on a specific topic within the seminar series linked to a clinical case example demonstrating an integration of clinical and theoretical material. They will be assessed on their verbal and written presentation of this material to the class. Written assignment of 1500 words, due approximately one month after subject concludes (50%) Oral presentation, presented in class at a date agreed between the student and coordinator (40%) Class participation, throughout term (10%)
<b>Prescribed Texts:</b>	Horne AM, Family Counselling and Therapy, 3rd edition, E Peacock Publications. Itasca Illinois, 2000 Carr A, Family Therapy: Concepts, Process and Practice, John Wiley & Sons, Europe, 2000 Bloch S, Hafner H, Harari E, Smukler G (eds) The Family in Clinical Psychiatry, Oxford University Press, Oxford, 1994
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Related Course(s):</b>	Master of Psychiatry