

## GD-MHSC Graduate Diploma in Mental Health Science

<b>Year and Campus:</b>	2014 - Parkville
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Level:</b>	Graduate/Postgraduate
<b>Duration &amp; Credit Points:</b>	100 credit points taken over 24 months part time.
<b>Coordinator:</b>	Associate Professor James Oliver
<b>Contact:</b>	<p><b>Academic contact</b> A/Prof James Oliver</p> <p><b>Administrative contact</b> Aris Cologon <a href="mailto:acologon@unimelb.edu.au">acologon@unimelb.edu.au</a></p>
<b>Course Overview:</b>	<p>Mental health issues are an increasing problem in current social contexts. They range from high prevalence problems such as stress, anxiety, depression and substance misuse to severe chronic, disabling and life threatening conditions. The burden of mental health issues is borne by the healthcare system, organisations and the community as a whole. The main approach to managing mental health issues has emphasised a multidisciplinary framework. The Master of Mental Health Science (MMHSc) course is aimed primarily at those currently working or planning to work in the field of mental health or for those working in organisations where mental health issues are prevalent. This may include those with backgrounds in nursing, social work, occupational therapy and other allied health fields and also those working in the emergency services, schools and other organisations. The MMHSc is a part-time, nested programme with potential exit points of Graduate Certificate, Graduate Diploma and Master. It is themed according to five across the lifespan streams including Infant, Child, Youth, Adult and Aged Mental Health. The programme involves core subjects as well as a number of selectives by stream over the first two years of the course. The third year entails a research project within the nominated lifespan stream of the course. The research project will require students to propose a research question, choose and design a methodology for a relevant mental health issue within their stream, and conduct a research investigation for that lifespan cohort. The aim of the course is to broaden the understanding and skill sets of those working in the mental health field through critical analysis, and practical application.</p> <p>The MMHSc involves a tiered approach to learning. The Graduate Certificate (Year 1) provides essential background theory and foundation subjects. Students will be asked to critically appraise the theories and frameworks which lie at the basis of working in the field of mental health. Following successful completion of Year 1, students may elect to exit with a Graduate Certificate in Mental Health Science. Progression to the Graduate Diploma course (Year 2) will require a pass of greater than 70% (H2B). The Graduate Diploma course will build upon theoretical considerations presented in Year 1 and focus more on the application of these concepts as they are used in the field of Mental Health. Included in this is an emphasis on the methods used in developing an evidence base and the critical appraisal of the evidence supporting these approaches. Students successfully completing the Year 2 may elect to exit with a Graduate Diploma in Mental Health Science. Progression to the Masters (Capstone, Year 3) will require a pass of greater than 75% (H2A) in Year 2 and the successful completion of key research subjects including "The Principles of Social Research Design" and "Clinical Research Tools" subjects.</p>
<b>Learning Outcomes:</b>	<ul style="list-style-type: none"> <li># To develop advanced knowledge of the principles of methodology used in the development of an evidence base in mental health</li> <li># Demonstrate advanced knowledge and skills in understanding key psychological interventions in mental health</li> <li># Critically appraise the strengths and weaknesses of the evidence base in the field of mental health</li> <li># Demonstrate advanced communication skills in the transmission of knowledge of the underpinnings and management of mental health conditions</li> </ul>

Course Structure & Available Subjects:	Students must obtain a passing grade at 70% (H2B) average to progress from the Year 1 Graduate Certificate component to the Year 2 Graduate Diploma component of the course.		
Subject Options:	<b>Infant (Stream A)</b>		
	Subject	Study Period Commencement:	Credit Points:
	PSYT90027 Infant and Parent Relationship	Semester 1	12.50
	PSYT90080 Clinical Infant Case Studies	Semester 1	12.50
	PSYT90081 Observation and Assessment Skills:Infant	Semester 2	12.50
	PSYT90030 Infancy: Family and Social Context	Semester 2	12.50
	PSYT90082 Mental Health Disorders in Infancy	Not offered 2014	12.50
	PSYT90028 Infant Observation 1	Semester 1	12.50
	PSYT90029 Infant Observation 2	Not offered 2014	12.50
	POPH90200 Principles of Social Research Design	February	12.50
	<b>Child (Stream B)</b>		
	Subject	Study Period Commencement:	Credit Points:
	PSYT90031 Foundations of Working with Children	Semester 1	12.50
	PSYT90033 Clinical Practicum: Children	Semester 1	12.50
	PSYT90032 Foundations of Working with Adolescents	Semester 2	12.50
	PSYT90034 Clinical Practicum: Adolescents	Semester 2	12.50
	PSYT90038 Foundations of Working with Families	Not offered 2014	12.50
	PSYT90040 Clinical Practicum: Families	Not offered 2014	12.50
	PSYT90039 Foundations of Parent and Liaison Work	Not offered 2014	12.50
	PSYT90041 Clinical Practicum: Parent&Liaison Work	Not offered 2014	12.50
	<b>Youth (Stream C)</b>		
	Subject	Study Period Commencement:	Credit Points:
	PSYT90007 Personality Theory & Human Behaviour	Semester 2	12.50
	PSYT90083 Basic Structured Psychotherapies	Semester 1	12.50
	NURS90012 Psychopharmacology	Semester 1	12.50
	PSYT90085 Mental Health and Substance Use	Semester 2	12.50
	CLRS90010 Basic Clinical Research Tools	May, Semester 1	12.50
	PAED90007 Professional Practice in Context	Semester 1	12.50
	POPH90200 Principles of Social Research Design	February	12.50
	PSYC90062 Mental Health and Young People	Semester 2	12.50
	<b>Adult (Stream D)</b>		

	Subject	Study Period Commencement:	Credit Points:
	PSYT90007 Personality Theory & Human Behaviour	Semester 2	12.50
	PSYT90083 Basic Structured Psychotherapies	Semester 1	12.50
	NURS90012 Psychopharmacology	Semester 1	12.50
	PSYT90085 Mental Health and Substance Use	Semester 2	12.50
	CLRS90010 Basic Clinical Research Tools	May, Semester 1	12.50
	PSYT90084 Advanced Structured Psychotherapies	Not offered 2014	12.50
	POPH90200 Principles of Social Research Design	February	12.50
	SCWK90027 Advanced Trauma Perspective	Not offered 2014	12.50
<b>Entry Requirements:</b>	<p>1. The Selection Committee will evaluate the applicant's ability to pursue successfully the Graduate Diploma within the Master of Mental Health Science course using the following criteria:</p> <ul style="list-style-type: none"> <li># a post/graduate degree in health or mental health; OR</li> <li># the Graduate Certificate in Mental Health Science (with a passing grade of 70% [H2B] or greater); and,</li> <li># meeting the University's English language requirement</li> </ul> <p>2. The Selection Committee may conduct interviews and tests and may call for referees.</p>		
<b>Core Participation Requirements:</b>	80% attendance of designated workshops and contact sessions; submission of all required assessment tasks; and, where applicable, completion of exams.		
<b>Graduate Attributes:</b>	<p>Knowledge Graduates of the Graduate Diploma of Mental Health Science will have advanced knowledge of: The principles of the methodologies used in the development of an evidence base in mental health The key psychological management techniques used in mental health problems across the lifespan The complex context of the emergence of mental health issues Skills Graduates of the Graduate Diploma of Mental Health Science will have advanced cognitive skills in: Critically analysing the strengths and weaknesses of an evidence base in the field of mental health Generating a sophisticated approach to the psychological understandings and management of mental health problems Evaluate the context and complexity of mental health problems in an individual Graduates of the Graduate Diploma of Mental Health Science will have advanced communication skills in: Transmitting a developmental understanding in mental health problems The presentation of the complex interplay of the context and the developmental understandings in the management of mental health issues Application Graduates of the Graduate Diploma of Mental Health Science will be highly skilled in: The application and justification of psychological approaches in the management of mental health issues Demonstrating the application principles of key research methodological approaches in the mental health field Demonstrating an autonomous and highly responsible approach</p>		