

EDUC90806 Introduction to Positive Education

Credit Points:	12.50
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	This subject is not offered in 2014.
Time Commitment:	Contact Hours: 24 hours (3 day intensive delivery) Total Time Commitment: 125 hours
Prerequisites:	To enrol in this subject, you must be admitted in PR-EDPOSED Professional Certificate in Education (Positive Education). This subject is not available for students admitted in any other courses.
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	For the purposes of considering requests for Reasonable Adjustments under the Disability Standards for Education (Commonwealth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and the Disability Liaison Unit: http://www.services.unimelb.edu.au/disability/
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Subject Overview:	This subject introduces the science of positive psychology as it applies to education. The brain-science basis of positive psychology, including an introduction to neuroplasticity, will be explored and students are introduced to wellbeing theories as foundational concepts for their studies. The framework of positive emotions, engagements, relationships, meaning, and accomplishment will be used to structure the subject, with concepts such as resilience, hope theory, and gratitude being introduced to demonstrate asset-based approaches to helping young people learn.
Learning Outcomes:	Upon completion of this subject participants will be able to: <ul style="list-style-type: none"> # Apply contemporary scientific evidence, theories, and research evidence on the development of positive psychology; # Apply the essential features of positive education and how teachers can implement positive education interventions; # Apply the application of these principles to educational settings; # Reflect on current trends in positive psychology research.
Assessment:	5 minute video file presentation - 25% Written report on personal intervention action plan (2500 words) - 60% Verbal presentation report approx. 15 minutes - 15%
Prescribed Texts:	Boniwell, I., (2008) Positive Psychology in a Nutshell, PWBC Publishing.
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees

Generic Skills:	Graduates will develop the following generic skills: <ul style="list-style-type: none"># Problem solving skills, including engaging with, researching and identifying strategies to solve unfamiliar problems and bring about positive change;# Analytical skills and the ability to construct and express logical arguments;# To learn to critically investigate, modify and adapt new ideas and approaches;# Plan effective work schedules and meet deadlines;# Verbal and written communication skills;# Use of evidence and data.
Links to further information:	http://www.commercial.unimelb.edu.au/positiveeducation/
Related Course(s):	Professional Certificate in Education (Positive Education)