

PSYT90044 Psychosocial Interventions

Credit Points:	12.50
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	This subject is not offered in 2011.
Time Commitment:	Contact Hours: 24 contact hours. Total Time Commitment: Not available
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	For the purposes of considering requests for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and the Disability Liaison Unit: http://www.services.unimelb.edu.au/disability/
Contact:	For ALL Semester 2 enquiries, please contact: Dr Louise Hayes Email: louiseh@unimelb.edu.au (mailto:louiseh@unimelb.edu.au)
Subject Overview:	Course content includes: # Foundations of cognitive-behavioural therapies (CBT); # Recent developments in the applications of CBT in the treatment of serious mental illness; # Designing basic CBT interventions for young people with serious mental illness; # Interpersonal developmental theories and the role of the peer group; # Designing group-based interventions for young clients; and # Providing psychoeducation and support to families.
Objectives:	.
Assessment:	20% : 15-minute audio or video-taped presentation; 80% : One written case study (2000 words max).
Prescribed Texts:	None
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	By the end of this subject students should be able to: # Outline the major developments in the application of cognitive-behavioural interventions in the treatment of the onset of serious mental illness in young people; # Develop a basic understanding of the role of psychodynamic therapies in the treatment of serious mental illness in young people; # Design cognitive-behavioural interventions in the treatment of primary and secondary morbidity in serious mental illness in young people; # Outline the rationale for group-based interventions in working with young people; # Design group-based interventions for young people with serious mental illness; # Outline the major needs of families experiencing the onset of a major mental illness; and

	# Design and implement core family-based interventions.
Related Course(s):	Graduate Diploma in Mental Health Sciences(Young People's Mental Health)