

## PSYT90014 Transcultural Mental Health

<b>Credit Points:</b>	6.25
<b>Level:</b>	9 (Graduate/Postgraduate)
<b>Dates &amp; Locations:</b>	2011, Parkville This subject commences in the following study period/s: July, Parkville - Taught on campus.
<b>Time Commitment:</b>	Contact Hours: 6 weeks x 3.5-hour seminars Total Time Commitment: Not available
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Overview, Objectives, Assessment and Generic Skills sections of this entry. It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and the Disability Liaison Unit: <a href="http://www.services.unimelb.edu.au/disability/">http://www.services.unimelb.edu.au/disability/</a>
<b>Coordinator:</b>	Dr Prem Chopra
<b>Contact:</b>	Aris Cologon E: <a href="mailto:acologon@unimelb.edu.au">acologon@unimelb.edu.au</a> (mailto:acologon@unimelb.edu.au) T: +61 3 8344 8975
<b>Subject Overview:</b>	<p>Transcultural psychiatry concerns itself with the:</p> <ol style="list-style-type: none"> <li>1 nature of mental illness;</li> <li>2 causes and distribution of mental illness in different populations;</li> <li>3 culture and clinical practice, including the clinician-patient relationship; and the</li> <li>4 design of mental health services in multicultural societies.</li> </ol> <p>Students will examine the role of culture in the development and the treatment of mental illness, and will be provided with a short introduction into the education of mental health professionals, and the construction and operations of health systems. They will integrate cultural with biological, psychological and social considerations in their thinking about clinical practice and briefly consider the design and operations of the mental health service settings in which they work. Students will consider the cultural and linguistic diversity of the Australian community and the implications of such diversity for clinical practice. They will examine the cultural construction of concepts of mental illness and the cultural assumptions and commitments of contemporary psychiatry. Prevalence of mental illness in immigrant, refugee and Aboriginal communities will be explored as will the patterns of mental health service utilisation. Students will develop knowledge and skills in cultural assessment, cross-cultural diagnosis and treatment.</p>
<b>Objectives:</b>	<ul style="list-style-type: none"> <li># Describe the cultural diversity of Australian society, and the mental health implications of this diversity.</li> <li># Differentiate new ways of thinking about concepts of culture, and concept of psychiatric illness across different cultures, and to apply these concepts in day-to-day clinical work.</li> <li># Describe the differing patterns of mental health service utilisation by different ethnic communities in Victoria, and the factors that may be responsible for these different patterns of service use such as the epidemiology of mental illness across cultures.</li> <li># Discuss frameworks for thinking about public mental health policy, and service design and evaluation, in relation to people from different cultural backgrounds.</li> </ul>

	<ul style="list-style-type: none"><li># Demonstrate skills in the integration of cultural competence into psychiatric assessment and diagnosis.</li><li># Demonstrate skills in the integration of cultural competence into psychiatric management.</li></ul>
<b>Assessment:</b>	1500-word written assignment.
<b>Prescribed Texts:</b>	Minas I H, Transcultural Psychiatry for Clinicians. (Unpublished Course Material) Minas I H, Lambert T J, Boranga G & Kostov S (1996) Mental Health Services for Immigrants: Transforming Policy into Practice. Canberra, Australian Government Publishing Service.
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Related Course(s):</b>	Master of Psychiatry