

NURS90056 Mental Health Nursing

Credit Points:	6.25								
Level:	9 (Graduate/Postgraduate)								
Dates & Locations:	2011, Parkville This subject commences in the following study period/s: October, Parkville - Taught on campus.								
Time Commitment:	Contact Hours: 18 lectures/tutorials/seminars, 6 clinical laboratory sessions, 80 clinical practicum, TOTAL: 104 hours Total Time Commitment: Approximately 140 hours Students are expected to devote approximately 5-6 hours a week to this subject and 40 hours per week for two weeks during clinical practicum.								
Prerequisites:	<table border="1"> <thead> <tr> <th>Subject</th> <th>Study Period Commencement:</th> <th>Credit Points:</th> </tr> </thead> <tbody> <tr> <td>NURS90053 Clients with Complex Health States</td> <td>Semester 1</td> <td>25</td> </tr> </tbody> </table>			Subject	Study Period Commencement:	Credit Points:	NURS90053 Clients with Complex Health States	Semester 1	25
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NURS90053 Clients with Complex Health States	Semester 1	25							
Corequisites:	None								
Recommended Background Knowledge:	None								
Non Allowed Subjects:	None								
Core Participation Requirements:	It is University policy to take all reasonable steps to minimise the impact of disability upon academic study and reasonable adjustments will be made to enhance a student's participation in the University's courses. Students who think their disability will impact on meeting this requirement are encouraged to discuss this matter with the Course Coordinator and the Disability Liaison Unit.								
Contact:	<p>Nursing Melbourne School of Health Sciences The University of Melbourne Level 5, 234 Queensberry St Carlton Victoria 3010 AUSTRALIA T: +61 3 8344 9401 F: +61 3 9347 4375 E: nursing-enquiries@unimelb.edu.au (mailto:nursing-enquiries@unimelb.edu.au) W: www.nursing.unimelb.edu.au (http://www.nursing.unimelb.edu.au/)</p>								
Subject Overview:	This subject provides the opportunity for students to enhance their knowledge in the specialty practice area of mental health nursing. The subject will expand on the theoretical principles underpinning the practice of mental health nursing including: completing a psychiatric admission assessment; conducting a mental status examination; understanding the classification and diagnosis of the major mental disorders across the lifespan; conducting a psychiatric risk assessment. Students will become familiar with immediate interventions required to establish patient safety and a therapeutic environment; ongoing monitoring requirements; the underpinning biological basis of mental health and illness; and principles behind treatment, symptom management, and recovery from mental illness. Interventions initiated by nurses at a beginning level of specialty practice will be described in terms of the research evidence underpinning practice.								
Objectives:	<p>Objectives to be achieved will be driven by the clinical context, but may include the following :</p> <ul style="list-style-type: none"> # biological basis of mental health and illness; and principles behind treatment, symptom management, and recovery from mental illness; # completing a psychiatric admission assessment; # conducting a mental status examination; # understanding the classification and diagnosis of the major mental disorders across the lifespan; # conducting a psychiatric risk assessment and interventions required for patient safety; # therapeutic environment; 								

	<ul style="list-style-type: none"> # ongoing monitoring requirements; # consumer involvement in mental health service delivery.
Assessment:	500 word plan for Learning Contract (20%) – due Week 11, 2,000 word Learning Contract & Reflection (80%) – due Week 15
Prescribed Texts:	Specific readings and web-based resources selected by the subject coordinator will be made available to students through the Learning Management System (LMS).
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	<p>At the completion of these subjects, students should be able to demonstrate :</p> <ul style="list-style-type: none"> # the capacity for information seeking, retrieval and evaluation; # critical thinking and analytical skills; # an openness to new ideas; # cultural sensitivity; # planning and time management skills; # the ability to work effectively in an interprofessional team; # the ability to communicate knowledge through classroom and web-based discussions and written material; # a capacity to articulate their knowledge and understanding in written modes of communication; # a capacity to manage competing demands on time, including self-directed project work.
Notes:	Specific readings and web-based resources selected by the subject coordinator will be made available to students through the Learning Management System (LMS).
Related Course(s):	Master of Nursing Science