

## NURS90049 Health Education and Nursing

<b>Credit Points:</b>	6.25
<b>Level:</b>	9 (Graduate/Postgraduate)
<b>Dates &amp; Locations:</b>	2011, Parkville This subject commences in the following study period/s: January, Parkville - Taught on campus. Semester 1, Parkville - Taught on campus.
<b>Time Commitment:</b>	Contact Hours: 18 hours lectures Total Time Commitment: In addition to the subject contact hours, students are expected to devote approximately 3 hours a week to this subject.
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	It is University policy to take all reasonable steps to minimise the impact of disability upon academic study and reasonable adjustments will be made to enhance a student's participation in the University's courses. Students who think their disability will impact on meeting this requirement are encouraged to discuss this matter with the Course Coordinator and the Disability Liaison Unit.
<b>Coordinator:</b>	Ms Robyn Faulkner
<b>Contact:</b>	Nursing Melbourne School of Health Sciences The University of Melbourne Level 5, 234 Queensberry St Carlton Victoria 3010 AUSTRALIA T: +61 3 8344 9401 F: +61 3 9347 4375 E: <a href="mailto:nursing-enquiries@unimelb.edu.au">nursing-enquiries@unimelb.edu.au</a> (mailto:nursing-enquiries@unimelb.edu.au) W: <a href="http://www.nursing.unimelb.edu.au">www.nursing.unimelb.edu.au</a> (http://www.nursing.unimelb.edu.au/)
<b>Subject Overview:</b>	This subject builds on the knowledge developed in Illness Experience & Nursing Care and Nursing and the Healthcare System 1. The subject will examine the principles of health promotion, particularly in relation to the recommendations arising from the World Health Organisation International Conferences on Health Promotion. Current Australian / Victorian health promotion strategies will be analysed and critiqued. Students will be introduced to health education within the context of health promotion. The need for patients to self-monitor and self-manage increasingly complex medical care in the home environment will be explored in relation to the educational & support needs of patients and families. Students will begin to develop the skills required to construct an appropriate education plan for a patient or their family using the best available evidence.
<b>Objectives:</b>	At the completion of this subject students should be able to: <ul style="list-style-type: none"> <li># demonstrate an understanding of the principles of health promotion;</li> <li># critical analyse a variety of health promotional strategies used locally, nationally and internationally;</li> <li># demonstrate an understanding of health education within the context of health promotion;</li> <li># discuss patient education within the context of the shift towards self-care for individuals with acute and chronic illness;</li> <li># demonstrate an evidence-based approach to patient/ family/ community education;</li> </ul>

	# incorporate the principles of cultural safety and understanding when developing planned educational activities.
<b>Assessment:</b>	500-word assignment plan (20%)2,000-word assignment (80%)
<b>Prescribed Texts:</b>	Perrin, R. (2009). Pocket guide to APA style (3rded.). Boston: Houghton Mifflin College
<b>Recommended Texts:</b>	Specific readings and web-based resources, selected by the subject coordinator will be made available to students through the Learning Management System (LMS).
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	At the completion of this subject, students should be able to demonstrate: <ul style="list-style-type: none"> <li># the capacity for information seeking, retrieval and evaluation;</li> <li># critical thinking and analytical skills;</li> <li># an openness to new ideas;</li> <li># cultural safety;</li> <li># planning and time management skills;</li> <li># the ability to work effectively in a team;</li> <li># the ability to communicate knowledge through classroom and web-based discussions and written material.</li> </ul>
<b>Links to further information:</b>	<a href="http://www.nursing.unimelb.edu.au">www.nursing.unimelb.edu.au</a>
<b>Related Course(s):</b>	Master of Nursing Science