

PSYT90032 Foundations of Working with Adolescents

Credit Points:	12.50
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2010, Parkville This subject commences in the following study period/s: Semester 2, Parkville - Taught on campus.
Time Commitment:	Contact Hours: 24 contact hours Total Time Commitment: Not available
Prerequisites:	Nil.
Corequisites:	.
Recommended Background Knowledge:	.
Non Allowed Subjects:	.
Core Participation Requirements:	A minimum of 80% attendance at seminars For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Description, Subject Objectives, Generic Skills and Assessment Requirements of this entry. The University is dedicated to provide support to those with special requirements. Further details on the disability support scheme can be found at the 3 Disability Liaison Unit website : 4 http://www.services.unimelb.edu.au/disability/
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Subject Overview:	<p>The coursework subjects allow participants to develop an understanding of the principal theoretical and clinical concepts associated with individual child treatment, individual adolescent treatment, family work, and work with parents, teachers, and other professionals who are involved in a case. Each subject consists of a series of 12 seminars, held between 9:00 am and 11:00 am on Wednesday mornings. The seminars combine didactic teaching with discussion and experiential learning.</p> <p>This subject will cover:</p> <ul style="list-style-type: none"> # specific aspects of developmental theory, cognitive-behavioural theory, psychodynamic theory and systems theory perspectives which may be used to understand and work effectively with adolescents; # various forms of adolescent behaviour and how they may be responded to therapeutically; # various forms of communication adolescents may use and how they may be responded to therapeutically; and # the importance of confidentiality and appropriate therapeutic behaviour.
Objectives:	<p>Participants will develop their understanding of:</p> <ul style="list-style-type: none"> § The principal theoretical orientations employed in clinical work with adolescents. § The fundamental concepts that these theoretical orientations are based upon. § The rationale for selection of one form of treatment over another. <p>The application of appropriate therapeutic interventions</p>
Assessment:	An essay of between 4,000 and 5,000 words counts for 100% of assessment. An attendance record will be kept and a minimum of 80% of seminars must be attended. The assessment task will be given out in the second seminar of the semester.
Prescribed Texts:	.
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees

Generic Skills:	On completion of this subject, participants should be able to: § Establish a therapeutic relationship with adolescents. § Identify which interventions might be effectively applied to specific presenting problems of adolescents with whom they work. Develop a treatment plan for specific presenting problems of adolescents with whom they work
Related Course(s):	Graduate Diploma in Mental Health Sciences (Ch.Adol.&Fam.Ment.Health)