

## MUSI30098 Performance Psychology

<b>Credit Points:</b>	6.25
<b>Level:</b>	3 (Undergraduate)
<b>Dates &amp; Locations:</b>	2010, Southbank This subject commences in the following study period/s: March, Southbank - Taught on campus.
<b>Time Commitment:</b>	Contact Hours: 12 hours per semester Total Time Commitment: 12 hours contact & 12 hours study per semester
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Description, Subject Objectives, Generic Skills and Assessment Requirements of this entry. The University is dedicated to provide support to those with special requirements. Further details on the disability support scheme can be found at the Disability Liaison Unit website: <a href="http://www.services.unimelb.edu.au/disability/">http://www.services.unimelb.edu.au/disability/</a>
<b>Coordinator:</b>	Mrs Rebecca Bywater
<b>Contact:</b>	Student and Academic Services, Faculty of the Victorian College of the Arts, 234 St Kilda Road, Southbank Vic 3006 Tel: 9685 9419
<b>Subject Overview:</b>	This subject studies some of the fundamental principles of psychology which relate directly to the performing musician. They include performance anxiety, memory and recall, communication with fellow players and audiences, pressures placed upon the contemporary performer and how to manage them. Connections between mind and body, methods of relaxation and preparation will be discussed.
<b>Objectives:</b>	Upon completion of this subject students should be able to: <ul style="list-style-type: none"> <li>• Understand the fundamental concepts of connecting the mind and body in performance</li> <li>• Understand the factors relevant to motivation, success, progress in their ongoing artistic development</li> <li>• Use the skills developed in this program to ensure successful management of time and general organization of practice schedules and performance preparation.</li> </ul>
<b>Assessment:</b>	Continuous: Preparation and commitment as demonstrated by performance tasks and/or a regularly updated journal of activities embracing all areas studied (50%) - Hurdle requirement 80% attendance. Formal: A written research paper of approximately 1500 words or equivalent project as negotiated between the lecturer and student (50%).
<b>Prescribed Texts:</b>	None
<b>Recommended Texts:</b>	None
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	Information Not Available

**Related Course(s):**

Bachelor of Music Performance (Guitar) (VCA)  
Bachelor of Music Performance (Improvisation) (VCA)  
Bachelor of Music Performance (Keyboard) (VCA)  
Bachelor of Music Performance - Practical Composition-(VCA)  
Bachelor of Music Performance(Orchestral Instruments) (VCA)