

EDUC90222 Intervention in Problems of Young People

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| Credit Points: | 12.50 |
| Level: | 9 (Graduate/Postgraduate) |
| Dates & Locations: | 2010, Parkville This subject commences in the following study period/s: Semester 1, Parkville - Taught on campus. |
| Time Commitment: | Contact Hours: 24 hours plus 96 hours of non-contact commitment time Total Time Commitment: Not available |
| Prerequisites: | None |
| Corequisites: | None |
| Recommended Background Knowledge: | None |
| Non Allowed Subjects: | None |
| Core Participation Requirements: | Attendance at all classes (tutorial/seminars/practical classes/lectures/labs) is obligatory. Failure to attend 80% of classes will normally result in failure in the subject. |
| Coordinator: | Assoc Prof Erica Frydenberg |
| Contact: | Education Student Centre |
| Subject Overview: | The content of the unit deals with an introduction to major approaches such as: Adlerian Psychotherapy, Cognitive Behaviour Therapy, Gestalt Therapy, Systems Theory and Humanistic Psychotherapy. A limited number of approaches to intervention from early childhood (e. g. Play Therapy), through to adulthood (e.g. Cognitive Behaviour Therapy), are considered in greater detail. These approaches are examined as they contribute to the treatment of the major developmental problems of childhood and adolescence and their manifestations in an educational setting, such as, for example, depression and ADHD. Assessment of the problem involves a systemic approach using DSM IV diagnostic criteria. An understanding of the genesis and maintenance of problems, taking into account the social context, is the basis for selecting the most appropriate tools for intervention. The focus is on the development of resilience and psychosocial competence, one aspect of which is coping. |
| Objectives: | Information not available |
| Assessment: | A report of 4,000 5,000 words (100 per cent). |
| Prescribed Texts: | None |
| Recommended Texts: | Thompson Prout, H. and Brown, D.T. Counseling and Psychotherapy with Children and Adolescents Theory and Practice for School and Clinical Settings, Fourth Edition, John Wiley & Sons, 2007 |
| Breadth Options: | This subject is not available as a breadth subject. |
| Fees Information: | Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees |
| Generic Skills: | This unit builds on the assessment, counselling and social context units and has the twin aims of focusing on theory and research as they relate to the treatment of problems of childhood and adolescence. The underlying consideration is prevention rather than cure. For that reason there is an emphasis on developing resilience and psychosocial competence in young people. Generic Skills On completion of this subject, students should be able to: # understand the major psychological theories of intervention; # review the major psychological theories of intervention, consider their applications in dealing with particular problems of childhood and adolescence; |

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| | <ul style="list-style-type: none"># gain the skills to determine the appropriateness of a particular intervention approach to the assessment and treatment of common problems of childhood such as depression, developmental delays, under achievement, ADHD;# become conversant with one particular approach to intervention;# apply an intervention in a systematic manner to a major problem of childhood and adolescence;# be able to promote the healthy development of young people. |
| Links to further information: | www.education.unimelb.edu.au |
| Related Course(s): | Doctor of Educational Psychology Master of Educational Psychology Master of Educational Psychology/Doctor of Philosophy |