

757-114 Movement 1

Credit Points:	12.50
Level:	1 (Undergraduate)
Time Commitment:	Contact Hours: 6 hours per week Total Time Commitment: Not available
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	<p><p>For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.</p> <p>It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: http://services.unimelb.edu.au/disability</p></p>
Subject Overview:	<p>This foundation year aims at awakening more deeply the actor's sensitivity and performance potential through heightening their physical awareness. The playground provided is designed to encourage a sensate learning, ignite the student's curiosity and stimulate their impulse to "play". Fundamental to first year is the actors' capacity to work from a grounded centre. The qualities of strength, flexibility, coordination and stamina are regarded as vital in preparing the actors' physical availability. A strong sense of alignment, flow and release are necessary to allow vocal freedom. Awareness through Movement classes (Feldenkrais method) aim at presenting more physical choices to actors and enhancing their quality of movement. The students become available to physical patterns other than habitual tendencies, which often limit their range of expression. Students will also experience movement practices drawn from the work of Monika Pagneux. These practices enliven the performer and lead them to discover the essential components of the objectives outlined above. They encompass an exploration of sensorial perception, rhythmical play, physical improvisation, chorus work and ensemble skills.</p>
Assessment:	Assessment is based upon class participation, level of preparation, the degree to which the stated outcomes have been achieved, and the ability to process and integrate the material into performance work. Assessment is progressive throughout the year.
Prescribed Texts:	None
Recommended Texts:	Information Not Available
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	Information Not Available
Related Course(s):	Bachelor of Dramatic Art (VCA)