

758-335 Performance Psychology

Credit Points:	6.250
Level:	Undergraduate
Dates & Locations:	2008, This subject commences in the following study period/s: Semester 1, - Taught on campus. Semester 2, - Taught on campus.
Time Commitment:	Contact Hours: 12 hours per semester Total Time Commitment: 12 hours contact & 12 hours study per semester
Prerequisites:	None
Corequisites:	None
Recommended Background Knowledge:	None
Non Allowed Subjects:	None
Core Participation Requirements:	<p><p>For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.</p> <p><p>It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: http://services.unimelb.edu.au/disability</p></p> </p>
Subject Overview:	This subject studies some of the fundamental principles of psychology which relate directly to the performing musician. They include performance anxiety, memory and recall, communication with fellow players and audiences, pressures placed upon the contemporary performer and how to manage them. Connections between mind and body, methods of relaxation and preparation will be discussed.
Assessment:	Continuous: Preparation and commitment as demonstrated by performance tasks and/or a regularly updated journal of activities embracing all areas studied (50%) - Hurdle requirement 80% attendance. Formal: A written research paper of approximately 1500 words or equivalent project as negotiated between the lecturer and student (50%).
Prescribed Texts:	None
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	Information Not Available
Related Course(s):	Bachelor Of Music Performance (Guitar) (VCA) Bachelor Of Music Performance (Improvisation) (VCA) Bachelor Of Music Performance (Keyboard) (VCA) Bachelor Of Music Performance (Voice) (VCA) Bachelor Of Music Performance(Orchestral Instruments) (VCA) Bachelor of Music Performance - Practical Composition-(VCA)