

## 514-327 Health Education

<b>Credit Points:</b>	12.500
<b>Level:</b>	Undergraduate
<b>Dates &amp; Locations:</b>	2008, This subject commences in the following study period/s: Semester 1, - Taught on campus. On-campus and multimedia
<b>Time Commitment:</b>	Contact Hours: 36 hours lectures, tutorials and seminars Total Time Commitment: 144 hours
<b>Prerequisites:</b>	n/a
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	It is University policy to take all reasonable steps to minimise the impact of disability upon academic study and reasonable adjustments will be made to enhance a student's participation in the University's courses. Students who feel their disability will impact on meeting this requirement are encouraged to discuss this matter with the Course Coordinator and the Disability Liaison Unit.
<b>Coordinator:</b>	Robyn Faulkner
<b>Subject Overview:</b>	<p>This subject builds on the knowledge developed in Health and Human Behaviour, Contemporary Health Care and Health, Nursing and Society. Students will explore in depth the culturally and historically constructed understandings of health and illness in western societies. This exploration will lead into an examination of the principles of health promotion particularly the dimensions of the Ottawa Charter for Health Promotion. Current medical, behavioural and socio-economic approaches to health promotion will be analysed and critiqued. Students will be introduced to health education within the context of health promotion then in relation to patient education within the health care system. The subject will then assist students to develop planned educational activities designed to improve patient health behaviour using best available evidence.</p> <p><b>Subject objectives</b></p> <p>At the completion of this subject the student should be able to:</p> <ul style="list-style-type: none"> <li># demonstrate a beginning understanding of the cultural and historical bases to approaches to health and illness in western society;</li> <li># demonstrate an understanding of the principles of health promotion;</li> <li># demonstrate critical analysis of a variety of health promotional strategies used locally, nationally and internationally.</li> <li># demonstrate an understanding of health education</li> </ul>
<b>Assessment:</b>	500-800 word assignment plan (20%)3,000 word assignment (80%)
<b>Prescribed Texts:</b>	Specific readings selected by the subject coordinator will be made available to the students at the beginning of the subject either as a book of readings or on counter reserve in the Library or given as handouts throughout the semester.
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	In addition to learning specific nursing related skills, this subject will assist you to develop your <ul style="list-style-type: none"> <li># problem-solving skills by involvement in classroom discussions and activities</li> </ul>

	<ul style="list-style-type: none"><li># analytic skills by your critical appraisal of the literature and development of arguments within the set assignment</li><li># ability to work as a team member by your involvement in discussions and activities with your fellow students</li><li># writing skills by completion of the assessment tasks</li><li># time management skills by planning your work and submitting information by the required deadlines</li></ul>
<b>Links to further information:</b>	<a href="http://www.nursing.unimelb.edu.au/">http://www.nursing.unimelb.edu.au/</a>
<b>Notes:</b>	n/a