

## 485-146 Sport Coaching: Theory and Practice

<b>Credit Points:</b>	12.500
<b>Level:</b>	Undergraduate
<b>Dates &amp; Locations:</b>	2008, This subject commences in the following study period/s: Semester 1, - Taught on campus. Parkville, on-campus.
<b>Time Commitment:</b>	Contact Hours: 36 hours (16 hours of lectures, 14 hours of coaching and movement labs, 6 hours of local field trips Total Time Commitment: Not available
<b>Prerequisites:</b>	None
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt; <p>&lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: &lt;a href="http://services.unimelb.edu.au/disability"&gt;http://services.unimelb.edu.au/disability&lt;/a&gt;&lt;/p&gt;</p> </p>
<b>Coordinator:</b>	Melanie Nash
<b>Subject Overview:</b>	<p>This subject integrates theoretical and practical knowledge in the study of sport coaching with a focus on team games and junior sport. Through reading, active participation in lectures, movement laboratories and practical experiences of coaching young players, students will examine the structure of sports organisation in Australia, current issues in junior sport, and the ways in which recent theoretical developments in sport coaching in Australia address these issues. Students will be exposed to these recent developments through the undertaking of a level 1 nationally-accredited coaching course in a major team sport and the practical experience of planning, training, organising, managing and coaching junior sport clinics in local club or school contexts. Students will examine learning theory as applied to coaching, and examine a range of coaching approaches and instructional styles with an emphasis on player-centred approaches that provide for the development of decision-making ability, tactical understanding and flexible skill execution. Students will also visit schools, junior clubs and elite-level sport institutions. Students will also be offered the option of taking part in a field trip to the Australian Institute of Sport (AIS) in Canberra.</p>
<b>Assessment:</b>	1. a hurdle requirement of passing a level 1 coaching course; 2. a 1500-word written evaluation of a coaching episode (40%); 3. a 2500-word final essay (60%).
<b>Prescribed Texts:</b>	Prescribed Texts:Readings will be supplied.
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	Information Not Available
<b>Related Course(s):</b>	Bachelor of Education (Primary)

**Bachelor of Education (Primary) - Study Abroad**