

## 485-103 Learning Area(EC):Health & Physical Ed 1

<b>Credit Points:</b>	12.500
<b>Level:</b>	Undergraduate
<b>Dates &amp; Locations:</b>	2008, This subject commences in the following study period/s: Semester 2, - Taught on campus.
<b>Time Commitment:</b>	Contact Hours: Lectures, seminars and practical workshops totalling 36 hours Total Time Commitment: Not available
<b>Prerequisites:</b>	472-101 Physical Development, 472-103 Orientation to the Profession.
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt;         &lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: &lt;a href="http://services.unimelb.edu.au/disability"&gt;http://services.unimelb.edu.au/disability&lt;/a&gt;&lt;/p&gt;</p>
<b>Coordinator:</b>	Val Webster
<b>Subject Overview:</b>	<p>Health as a multidimensional construct and the opportunities for early childhood educators to promote positive social, emotional, physical and mental health. The health status of Australian children - the differentials and determinants. Issues relating to the health of young children including common childhood illnesses and measures to prevent infectious diseases in childcare settings, preschools and schools. Basic concepts of nutrition, dietary guidelines and principles relating to safe food provision for children at different stages of development 0-8. Injury prevention, taking developmental levels into account in creating a stimulating but safe environment, both inside and in the playground. An introduction to regulations and accreditation guidelines as they relate to safety, health and nutrition. Ways of enhancing young children's physical and motor skill development. Movement exploration and dance will be the main focus of practical physical activity sessions.</p>
<b>Assessment:</b>	Assignments totalling 2000 words and a 2-hour written exam.
<b>Prescribed Texts:</b>	None
<b>Recommended Texts:</b>	Information Not Available
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	Information Not Available