

## DNCE10022 Dance Technique 2

Credit Points:	12.5								
Level:	1 (Undergraduate)								
Dates & Locations:	2016, Southbank This subject commences in the following study period/s: Semester 2, Southbank - Taught on campus.								
Time Commitment:	Contact Hours: 48 Hours Total Time Commitment: 120 Hours								
Prerequisites:	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>DNCE10017 Dance Technique 1</td><td>Semester 1</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	DNCE10017 Dance Technique 1	Semester 1	12.50
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Corequisites:	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>DNCE10023 Dance Technique Extension 1</td><td>Semester 2</td><td>6.25</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	DNCE10023 Dance Technique Extension 1	Semester 2	6.25
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DNCE10023 Dance Technique Extension 1	Semester 2	6.25							
Recommended Background Knowledge:	None								
Non Allowed Subjects:	None								
Core Participation Requirements:	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt; &lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: &lt;a href="http://services.unimelb.edu.au/disability"&gt;http://services.unimelb.edu.au/disability&lt;/a&gt;&lt;/p&gt;</p>								
Coordinator:	Assoc Prof Jenny Kinder								
Contact:	<b>Faculty of the VCA and Music Student Centre</b> Ground Floor, Elisabeth Murdoch Building (Bldg 860) Southbank Campus 234 St Kilda Road, Southbank, 3006 Enquiries Phone: 13 MELB (13 6352) Email: 13MELB@unimelb.edu.au								
Subject Overview:	Further study of Contemporary Technique, Ballet Technique and Body Conditioning with Imagery (CIT) establishes the paradigm for training versatile, kinaesthetically intelligent dance artists. Three classes a week in Contemporary and two classes in Ballet, plus one CIT/coaching class will form this subject. Different philosophies on dance will be offered to enhance and complement the contemporary and ballet techniques across the semester. Classes will continue to focus on developing technical expertise with an emphasis on coordination, momentum, the economy of action, precision of mechanics, anatomical function and alignment, utilising visualisation whilst also valuing the individuals' inbuilt knowledge of the body to move. This subject will continue to integrate the conceptual language and practices of The Body Mind subject through coaching and application in technique classes.								
Learning Outcomes:	This subject will enable students to:								

	<ul style="list-style-type: none"> <li>• consolidate the understanding of Contemporary and Ballet technique and the objectives of technical training in these genres through: determination and effort made to expand movement range, technical skills and versatility in physical articulation; capacity to examine and work intelligently with personal physical structure; physical and kinetic understanding of technical exercises; verbal articulation of questions and responses in class discussions; displaying correct alignment and transference of weight, coordination and use of rotation; displaying strength, stamina and control when performing enchainment and movement phrases.</li> <li>• Gain a consolidated application of alignment principles, technical accuracy and energy efficiency through: the application of principles of alignment to ensure injury prevention; the use of anatomical knowledge that allows full movement range of the individual body; appropriate use of effort to reduce tension and overuse of muscle groups; capacity to dance with a balanced relationship between strength and flexibility.</li> <li>• achieve an established ability to work within a range of Contemporary Dance styles and vocabularies through: facility in using the spine and the surrounding muscular structures in a versatile range of ways, and as a place of movement initiation; capacity to execute both simple and complex co ordinations; capacity to work with and explore weight transference.</li> <li>• achieve an established analytical approach to ballet technique through: displaying an ability to apply and retain corrections, self-assess and problem solve.</li> <li>• build on the content of Dance Technique 1A, and achieve an increased ability to dance with differentiated and contrasting movement qualities, kinaesthetic awareness and engaging presence through: the capacity to explore and commit to a broad dynamic and movement quality range; the demonstration of musicality and phrasing; a clear and engaging use of focus and projection; demonstrated freedom of movement through efficient muscle use when performing enchainment or movement phrases.</li> <li>• achieve an established ability to dance with spatial awareness and clarity through: the capacity to dance with awareness of others in the space and to measure distance; the capacity to differentiate between movements of different dimensions and accurately execute floor patterns / choreographed pathways through space; the ability to travel expansively through space.</li> <li>• achieve a strong work ethic, maintaining self-discipline, concentration and application through: demonstrating a focussed, intelligent and inquiring approach to learning; a constructive response to, and application of feedback and corrections; a capacity to challenge self and take risks within safe dance practice.</li> </ul> <p>On completing this subject students will have:</p> <ul style="list-style-type: none"> <li>• the capacity for kinaesthetic awareness;</li> <li>• the ability to move within aesthetic domains;</li> <li>• the facility to dance contemporary and classical techniques;</li> <li>• the application of theory to practice;</li> <li>• the capacity to synthesise conceptual ideas and evaluate information;</li> <li>• capacities of imagination, transformation and interpretation;</li> <li>• the ability to perform at optimal level.</li> </ul>
<b>Assessment:</b>	<p><b>BALLET TECHNIQUE</b> (= 50% of total subject mark)Mark for Coursework 50% - Attendance 10%; Progress 30%;Standard 30% and Work Ethic 30%A formula is applied to a students actual attendance which distributes marks from 10% down to below zeroProgress assessment 10% Date will be published early in semester.Formal examination 40% Date: in the exam period</p> <p><b>CONTEMPORARY TECHNIQUE</b> (= 50% of total subject mark)Mark for Coursework 50% - Attendance 10%; Progress 30%; Standard 30% and Work Ethic 30%A formula is applied to a students actual attendance which distributes marks from 10% down to below zeroProgress assessment 10% Date will be published early in semester.Formal examination 40% Date: in the exam period</p> <p><b>BODY CONDITIONING WITH IMAGERY</b>80% hurdle requirement for this component of the subject</p>
<b>Prescribed Texts:</b>	Conditioning with Imagery for Dancers. 2010 Donna Krasnow and Jordana Deveau.
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Related Course(s):</b>	Bachelor of Fine Arts (Dance)