MC-MHSC Master of Mental Health Science

| Year and Campus: | 2015 - Parkville | | |
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| Fees Information: | Subject EFTSL, Level, Discipline & Census Date, http://enro | olment.unimelb.edu.au/fe | es |
| Level: | Graduate/Postgraduate | | |
| Duration & Credit Points: | 150 credit points taken over 36 months part time. | | |
| Coordinator: | Associate Professor James Olver | | |
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| Course Overview: | Mental health issues are an increasing problem in current social contexts. They range from high prevalence problems such as stress, anxiety, depression and substance misuse to severe chronic, disabling and life threatening conditions. The burden of mental health issues is borne by the healthcare system, organisations and the community as a whole. The main approach to managing mental health issues has emphasised a multidisciplinary framework. The Master of Mental Health Science (MMHSc) course is aimed primarily at those currently working or planning to work in the field of mental health or for those working in organisations where mental health issues are prevalent. This may include those with backgrounds in nursing, social work, occupational therapy and other allied health fields and also those working in the emergency services, schools and other organisations. The MMHSc is a part-time, nested programme with potential exit points of Graduate Certificate, Graduate Diploma and Master. It is themed according to five across the lifespan streams including Infant, Child, Youth, Adult and Aged Mental Health. The programme involves core subjects as well as a number of selectives by stream over the first two years of the course. The third year entails a research project within the nominated lifespan stream of the course. The research project will require students to propose a research question, choose and design a methodology for a relevant mental health issue within their stream, and conduct a research investigation for that lifespan cohort. The aim of the course is to broaden the understanding and skill sets of those working in the mental health field through critical analysis, and practical application. | | |
| Learning Outcomes: | # Develop specialised knowledge in the research methodologies in a specific field of mental health # Develop expert cognitive skills in the critical analysis of the evidence base and research methods pertaining to a specific field in mental health # Demonstrate specialised skills in the planning and implementation of a research methodology in a field of mental health # Demonstrate expert cognitive skills in the interpretation of findings in a research project in mental health | | |
| Course Structure & Available Subjects: | See section below entitled "Subject Options" for streams av | ailable in this course. | |
| Subject Options: | Students will complete the following two subjects regardless of stream. | | |
| | Subject | Study Period Commencement: | Credit Points: |
| | PSYT90086 Mental Health Science Research Project 1 | Not offered 2015 | 25 |
| | PSYT90087 Mental Health Science Research Project 2 | Not offered 2015 | 05 |
| | | | 25 |

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| Subject | Study Period Commencement: | Credit Points: |
| PSYT90027 Infant and Parent Relationship | Semester 1 | 12.50 |
| PSYT90080 Clinical Infant Case Studies | Semester 1 | 12.50 |
| PSYT90081 Infant Observation and Assessment Skills | Semester 2 | 12.50 |
| PSYT90030 Infancy: Family and Social Context | Semester 2 | 12.50 |
| PSYT90082 Mental Health Disorders in Infancy | Semester 1 | 12.50 |
| PSYT90028 Infant Observation 1 | Semester 1 | 12.50 |
| POPH90200 Principles of Social Research Design | February | 12.50 |
| PSYT90029 Infant Observation 2 | Semester 2 | 12.5 |
| Child (Stream B) | | |
| Subject | Study Period Commencement: | Credit Points: |
| PSYT90031 Foundations of Working with Children | Semester 1 | 12.50 |
| PSYT90033 Clinical Practicum: Children | Semester 1 | 12.50 |
| PSYT90032 Foundations of Working with Adolescents | Semester 2 | 12.50 |
| PSYT90034 Clinical Practicum: Adolescents | Semester 2 | 12.50 |
| PSYT90038 Foundations of Working with Families | Semester 1 | 12.50 |
| PSYT90040 Clinical Practicum: Families | Semester 1 | 12.50 |
| PSYT90039 Foundations of Parent and Liaison Work | Semester 2 | 12.50 |
| PSYT90041 Clinical Practicum: Parent&Liaison Work | Semester 2 | 12.50 |
| Youth (Stream C) | | , |
| Subject | Study Period Commencement: | Credit Points: |
| PSYT90007 Personality Theory & Human Behaviour | Semester 2 | 12.50 |
| PSYT90083 Basic Structured Psychotherapies | Semester 1 | 12.50 |
| NURS90012 Psychopharmacology | Semester 1 | 12.50 |
| PSYT90085 Mental Health and Substance Use | Semester 2 | 12.50 |
| CLRS90010 Basic Clinical Research Tools | Semester 1 | 12.50 |
| PAED90007 Professional Practice in Context | Semester 1 | 12.50 |
| POPH90200 Principles of Social Research Design | February | 12.50 |
| PSYC90062 Mental Health and Young People | Semester 2 | 12.50 |
| Adult (Stream D) | | |
| | | Credit |
| Subject | Study Period Commencement: | Points: |
| Subject PSYT90007 Personality Theory & Human Behaviour | Study Period Commencement: Semester 2 | Points: 12.50 |

| NURS90012 Psychopharmacology | Semester 1 | 12.50 |
|--|------------------|-------|
| CLRS90010 Basic Clinical Research Tools | Semester 1 | 12.50 |
| PSYT90084 Advanced Structured Psychotherapies | Semester 1 | 12.50 |
| POPH90200 Principles of Social Research Design | February | 12.50 |
| PSYT90085 Mental Health and Substance Use | Semester 2 | 12.50 |
| PSYT90086 Mental Health Science Research Project 1 | Not offered 2015 | 25 |
| PSYT90087 Mental Health Science Research Project 2 | Not offered 2015 | 25 |

Aged (Stream E)

Mental Health in Later Life 1 and Mental Health in Later Life 2 (subject codes to be determined)

| Subject | Study Period Commencement: | Credit Points: |
|--|----------------------------|-------------------|
| NURS90012 Psychopharmacology | Semester 1 | 12.50 |
| PSYT90083 Basic Structured Psychotherapies | Semester 1 | 12.50 |
| PSYT90007 Personality Theory & Human Behaviour | Semester 2 | 12.50 |
| CLRS90010 Basic Clinical Research Tools | Semester 1 | 12.50 |
| PSYT90084 Advanced Structured Psychotherapies | Semester 1 | 12.50 |
| POPH90200 Principles of Social Research Design | February | 12.50 |
| PSYT90086 Mental Health Science Research Project 1 | Not offered 2015 | 25 |
| PSYT90087 Mental Health Science Research Project 2 | Not offered 2015 | 25 |
| PSYT90092 Mental Health and Ageing | October | 12.5 |

Entry Requirements:

1. In order to be considered for entry, applicants must have completed:

either

- an undergraduate degree in a cognate field of health or mental health, or

– within the last 10 years at least five years (full time equivalent) of documented professional experience in a mental health field, including a component of appropriate advanced training, substantiated by two referee reports, which demonstrates health-related knowledge and writing skills comparable to holders of cognate undergraduate degrees.

Meeting this requirement does not guarantee selection.

2. In ranking applications, the Selection Committee will consider:

• prior academic performance and/or the professional experience.

3. The Selection Committee may seek further information to clarify any aspect of an application in accordance with the <u>Student Application and Selection Procedure</u> (https://policy.unimelb.edu.au/MPF1034).

4. Applicants are required to satisfy the university's English language requirements for postgraduate courses. For those applicants seeking to meet these requirements by one of the standard tests approved by the Academic Board, performance <u>band 6.5</u> (http://about.unimelb.edu.au/academicboard/resolutions) is required.

(a) Students undertaking clinical subjects in Stream A (Clinical Infant Case Studies, Observation and Assessment Skills) or Stream B (Clinical Practicum: Working with Children, Clinical Practicum: Working with Adolescents) will be required to be employed in a Health or Mental Health Field and have a current Working With Children check.

(b) A hurdle requirement of an average of at least H2B (70%) on the first 50 points is required for progression in the Diploma or Master. Diploma or Master students who complete the first 50 points successfully with a lower average will exit the program and receive the Certificate. Certificate students with an average of at least H2B (70%) will be permitted to enter the Diploma or Master with 50 points credit.

| | (c) A hurdle requirement of an average of at least H2A (75%) on the first 100 points is required for progression in the Master. Master students who complete the first 100 points successfully with a lower average will exit the program and receive the Diploma. Diploma students with an average of at least H2A (75%) will be permitted to enter the Master with 100 points credit. |
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| Core Participation Requirements: | 80% attendance of designated workshops and contact sessions; submission of all required assessment tasks; and, where applicable, completion of exams. |
| Graduate Attributes: | Knowledge Graduates of the Master of Mental Health Science will have specialised knowledge of: The research methodological approaches to a specific problem in a mental health field Skills Graduates of the Master of Mental Health Science will have expert cognitive skills in: The synthesis of the methodological approaches used to form an evidence base in a specific field of mental health Critically analysing the strengths and weaknesses of an evidence based approach in a mental health field The application and justification of a research methodological approach in a mental health field The interpretation of the findings from a research project in a mental health field in the context of previous knowledge in the field Graduates of the Master of Mental Health Science will have specialised skills: In the communication and transmission of complex ideas to specialist and non-specialist audiences Application Graduates of the Master of Mental Health Science will have: A high degree of autonomy and a strong sense of responsibility Expert judgement in the application of research methodology in a specific field of mental health Specialised skills in the synthesis and interpretation of research findings in a field of mental health. |