

DNCE20015 Dance Technique Extension 2

Credit Points:	6.25											
Level:	2 (Undergraduate)											
Dates & Locations:	2015, Southbank This subject commences in the following study period/s: Semester 1, Southbank - Taught on campus.											
Time Commitment:	Contact Hours: 4.5 hours Total Time Commitment: 2 X 1.5 hours Contemporary Class 1 X 1.5 hours Ballet OR 1 X 1.5 hours Contemporary Class 2 X 1.5 hours Ballet											
Prerequisites:	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>DNCE10022 Dance Technique 2</td><td>Semester 2</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	DNCE10022 Dance Technique 2	Semester 2	12.50			
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Corequisites:	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>DNCE20013 Dance Technique 3</td><td>Semester 1</td><td>12.50</td></tr><tr><td>DNCE20014 Choreographic Process into Performance 3</td><td>Semester 1</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	DNCE20013 Dance Technique 3	Semester 1	12.50	DNCE20014 Choreographic Process into Performance 3	Semester 1	12.50
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DNCE20013 Dance Technique 3	Semester 1	12.50										
DNCE20014 Choreographic Process into Performance 3	Semester 1	12.50										
Recommended Background Knowledge:	None											
Non Allowed Subjects:	None											
Core Participation Requirements:	<p><p>For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.</p> <p>It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: http://services.unimelb.edu.au/disability</p></p>											
Coordinator:	Ms Anna Smith											
Contact:	Associate Professor Jenny Kinder Jenny.kinder@unimelb.edu.au											
Subject Overview:	Dance Technique Extension 2 is designed to complement Dance Technique 3 through additional classes, which provide diverse approaches to training and exposure to industry professionals. Students take three dance technique extension classes each week, which serve to broaden the individuals' experience. Students choose between two classes in Contemporary Dance technique and one in Ballet OR two classes in Ballet and one in Contemporary Dance technique. Classes continue to focus on developing technical expertise and artistry.											
Learning Outcomes:	<p>To extend the understanding of Contemporary and Ballet technique and the objectives of technical training in these genres.</p> <p>Objective 1.</p> <p>Application of alignment principles, technical accuracy and energy efficiency in the execution of more complex movement phrases in contemporary and ballet technique.</p> <p># Physical and kinaesthetic understanding of technical exercises</p>											

- # Use of anatomical knowledge to facilitate full movement range of the individual body
- # Increase in muscular efficiency through appropriate use of effort to reduce tension and overuse of muscle groups
- # Capacity to dance with a balanced relationship between strength and flexibility.
- # Application of principles of alignment to achieve excellence.

Objective 2.

Increased ability to organise and direct the body in time and space.

- # Clarity and accuracy in articulating set phrases of movement – including dynamic, rhythm/ organization in time, shape, orientation in space.
- # Capacity to source movement initiation in different parts of the body.
- # Ability to fully engage and isolate the spine, torso and limbs within the individual's muscular and skeletal possibilities.
- # Ability to travel expansively through space.

Objective 3.

Ability to direct the body's centre of mass around and away from its axis.

- # Ability to control centred and off-centre actions.
- # Ability to generate and control momentum through all activities involving weight transference including falling, thrusting, running, turning and jumping

Objective 4.

Development of muscular strength, tone and flexibility.

- # Capacity to be connected/grounded to the floor through stretch and strength in legs.
- # Ability to sustain and control high effort movement/shape activity.
- # Demonstrate freedom of movement through efficient muscle use when performing enchainment or movement phrases.
- # Capacity to quickly change speed, effort and direction.

Objective 5.

Capacity to use visualisation techniques to enhance movement form.

- # Embodied variation in movement articulation in response to different imagery

Objective 6

A strong work ethic (maintenance of self-discipline, concentration and application).

- # Demonstration of a focussed, intelligent and inquiring approach to learning.
- # Constructive response to, and application of feedback and corrections.
- # Capacity to challenge self and take risks within safe dance practice.

Assessment:	Students attend a mid semester interview with 2 staff to review progress across all subjects. Formal written feedback from Progress Assessment is discussed - Mid Semester Progress Assessment in Dance Technique 3 provides indicative mark, relevant to Dance Technique Extension - Mid Semester COURSEWORK - Active, physical and on-going engagement in practical classes (including regular individual feedback) against the following criteria: Attendance (10%), Skills Development (20%), Technical Proficiency (50%), Work Ethic (20%) - End of Semester (TOTAL: 100%) 100% weekly punctual and full attendance is expected (80% attendance must be met - Hurdle Requirement)
Prescribed Texts:	None
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	On completion of this subject students should have acquired the following skills: <ul style="list-style-type: none"> # The capacity for kinaesthetic awareness # The ability to move within aesthetic domains # The facility to dance in particular contemporary movement techniques

	<ul style="list-style-type: none"># A facility with ballet technique# The application of theory to practice# The capacity to synthesise data and evaluate information# Capacities of imagination, transformation, and interpretation# The ability to perform
Related Course(s):	Bachelor of Fine Arts (Dance)