

MC-MHSC Master of Mental Health Science

Year and Campus:	2014 - Parkville
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Level:	Graduate/Postgraduate
Duration & Credit Points:	150 credit points taken over 36 months part time.
Coordinator:	Associate Professor James Oliver
Contact:	<p>Academic contact James Oliver jamesso@unimelb.edu.au (mailto:jamesso@unimelb.edu.au)</p> <p>Administrative contact Aris Cologon acologon@unimelb.edu.au (mailto:acologon@unimelb.edu.au)</p>
Course Overview:	<p>Mental health issues are an increasing problem in current social contexts. They range from high prevalence problems such as stress, anxiety, depression and substance misuse to severe chronic, disabling and life threatening conditions. The burden of mental health issues is borne by the healthcare system, organisations and the community as a whole. The main approach to managing mental health issues has emphasised a multidisciplinary framework. The Master of Mental Health Science (MMHSc) course is aimed primarily at those currently working or planning to work in the field of mental health or for those working in organisations where mental health issues are prevalent. This may include those with backgrounds in nursing, social work, occupational therapy and other allied health fields and also those working in the emergency services, schools and other organisations. The MMHSc is a part-time, nested programme with potential exit points of Graduate Certificate, Graduate Diploma and Master. It is themed according to five across the lifespan streams including Infant, Child, Youth, Adult and Aged Mental Health. The programme involves core subjects as well as a number of selectives by stream over the first two years of the course. The third year entails a research project within the nominated lifespan stream of the course. The research project will require students to propose a research question, choose and design a methodology for a relevant mental health issue within their stream, and conduct a research investigation for that lifespan cohort. The aim of the course is to broaden the understanding and skill sets of those working in the mental health field through critical analysis, and practical application.</p> <p>The MMHSc involves a tiered approach to learning. The Graduate Certificate (Year 1) provides essential background theory and foundation subjects. Students will be asked to critically appraise the theories and frameworks which lie at the basis of working in the field of mental health. Following successful completion of Year 1, students may elect to exit with a Graduate Certificate in Mental Health Science. Progression to the Graduate Diploma course (Year 2) will require a pass of greater than 70% (H2B). The Graduate Diploma course will build upon theoretical considerations presented in Year 1 and focus more on the application of these concepts as they are used in the field of Mental Health. Included in this is an emphasis on the methods used in developing an evidence base and the critical appraisal of the evidence supporting these approaches. Students successfully completing the Year 2 may elect to exit with a Graduate Diploma in Mental Health Science. Progression to the Masters (Capstone, Year 3) will require a pass of greater than 75% (H2A) in Year 2 and the successful completion of key research subjects including "The Principles of Social Research Design" and "Clinical Research Tools" subjects. The Masters in Mental Health Science (Capstone) will require the student to identify and critically reflect on a specific approach in the mental health field and plan, implement and evaluate a research project in this field.</p>
Learning Outcomes:	<ul style="list-style-type: none"> # Develop specialised knowledge in the research methodologies in a specific field of mental health # Develop expert cognitive skills in the critical analysis of the evidence base and research methods pertaining to a specific field in mental health # Demonstrate specialised skills in the planning and implementation of a research methodology in a field of mental health

	# Demonstrate expert cognitive skills in the interpretation of findings in a research project in mental health																													
Course Structure & Available Subjects:	See section below entitled "Subject Options" for streams available in this course.																													
Subject Options:	Students will complete the following two subjects regardless of stream.																													
	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>PSYT90086 Mental Health Science Research Project 1</td><td>Not offered 2014</td><td>25</td></tr><tr><td>PSYT90087 Mental Health Science Research Project 2</td><td>Not offered 2014</td><td>25</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	PSYT90086 Mental Health Science Research Project 1	Not offered 2014	25	PSYT90087 Mental Health Science Research Project 2	Not offered 2014	25																		
	Subject	Study Period Commencement:	Credit Points:																											
	PSYT90086 Mental Health Science Research Project 1	Not offered 2014	25																											
	PSYT90087 Mental Health Science Research Project 2	Not offered 2014	25																											
	Infant (Stream A)																													
	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>PSYT90027 Infant and Parent Relationship</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90080 Clinical Infant Case Studies</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90081 Observation and Assessment Skills:Infant</td><td>Semester 2</td><td>12.50</td></tr><tr><td>PSYT90030 Infancy: Family and Social Context</td><td>Semester 2</td><td>12.50</td></tr><tr><td>PSYT90082 Mental Health Disorders in Infancy</td><td>Not offered 2014</td><td>12.50</td></tr><tr><td>PSYT90028 Infant Observation 1</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90029 Infant Observation 2</td><td>Not offered 2014</td><td>12.50</td></tr><tr><td>POPH90200 Principles of Social Research Design</td><td>February</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	PSYT90027 Infant and Parent Relationship	Semester 1	12.50	PSYT90080 Clinical Infant Case Studies	Semester 1	12.50	PSYT90081 Observation and Assessment Skills:Infant	Semester 2	12.50	PSYT90030 Infancy: Family and Social Context	Semester 2	12.50	PSYT90082 Mental Health Disorders in Infancy	Not offered 2014	12.50	PSYT90028 Infant Observation 1	Semester 1	12.50	PSYT90029 Infant Observation 2	Not offered 2014	12.50	POPH90200 Principles of Social Research Design	February	12.50
	Subject	Study Period Commencement:	Credit Points:																											
	PSYT90027 Infant and Parent Relationship	Semester 1	12.50																											
	PSYT90080 Clinical Infant Case Studies	Semester 1	12.50																											
	PSYT90081 Observation and Assessment Skills:Infant	Semester 2	12.50																											
	PSYT90030 Infancy: Family and Social Context	Semester 2	12.50																											
	PSYT90082 Mental Health Disorders in Infancy	Not offered 2014	12.50																											
	PSYT90028 Infant Observation 1	Semester 1	12.50																											
	PSYT90029 Infant Observation 2	Not offered 2014	12.50																											
	POPH90200 Principles of Social Research Design	February	12.50																											
	Child (Stream B)																													
	<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>PSYT90031 Foundations of Working with Children</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90033 Clinical Practicum: Children</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90032 Foundations of Working with Adolescents</td><td>Semester 2</td><td>12.50</td></tr><tr><td>PSYT90034 Clinical Practicum: Adolescents</td><td>Semester 2</td><td>12.50</td></tr><tr><td>PSYT90038 Foundations of Working with Families</td><td>Not offered 2014</td><td>12.50</td></tr><tr><td>PSYT90040 Clinical Practicum: Families</td><td>Not offered 2014</td><td>12.50</td></tr><tr><td>PSYT90039 Foundations of Parent and Liaison Work</td><td>Not offered 2014</td><td>12.50</td></tr><tr><td>PSYT90041 Clinical Practicum: Parent&Liaison Work</td><td>Not offered 2014</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	PSYT90031 Foundations of Working with Children	Semester 1	12.50	PSYT90033 Clinical Practicum: Children	Semester 1	12.50	PSYT90032 Foundations of Working with Adolescents	Semester 2	12.50	PSYT90034 Clinical Practicum: Adolescents	Semester 2	12.50	PSYT90038 Foundations of Working with Families	Not offered 2014	12.50	PSYT90040 Clinical Practicum: Families	Not offered 2014	12.50	PSYT90039 Foundations of Parent and Liaison Work	Not offered 2014	12.50	PSYT90041 Clinical Practicum: Parent&Liaison Work	Not offered 2014	12.50
	Subject	Study Period Commencement:	Credit Points:																											
	PSYT90031 Foundations of Working with Children	Semester 1	12.50																											
	PSYT90033 Clinical Practicum: Children	Semester 1	12.50																											
	PSYT90032 Foundations of Working with Adolescents	Semester 2	12.50																											
	PSYT90034 Clinical Practicum: Adolescents	Semester 2	12.50																											
	PSYT90038 Foundations of Working with Families	Not offered 2014	12.50																											
	PSYT90040 Clinical Practicum: Families	Not offered 2014	12.50																											
	PSYT90039 Foundations of Parent and Liaison Work	Not offered 2014	12.50																											
PSYT90041 Clinical Practicum: Parent&Liaison Work	Not offered 2014	12.50																												
Youth (Stream C)																														
<table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>PSYT90007 Personality Theory & Human Behaviour</td><td>Semester 2</td><td>12.50</td></tr><tr><td>PSYT90083 Basic Structured Psychotherapies</td><td>Semester 1</td><td>12.50</td></tr><tr><td>NURS90012 Psychopharmacology</td><td>Semester 1</td><td>12.50</td></tr><tr><td>PSYT90085 Mental Health and Substance Use</td><td>Semester 2</td><td>12.50</td></tr></table>			Subject	Study Period Commencement:	Credit Points:	PSYT90007 Personality Theory & Human Behaviour	Semester 2	12.50	PSYT90083 Basic Structured Psychotherapies	Semester 1	12.50	NURS90012 Psychopharmacology	Semester 1	12.50	PSYT90085 Mental Health and Substance Use	Semester 2	12.50													
Subject	Study Period Commencement:	Credit Points:																												
PSYT90007 Personality Theory & Human Behaviour	Semester 2	12.50																												
PSYT90083 Basic Structured Psychotherapies	Semester 1	12.50																												
NURS90012 Psychopharmacology	Semester 1	12.50																												
PSYT90085 Mental Health and Substance Use	Semester 2	12.50																												

CLRS90010 Basic Clinical Research Tools	May, Semester 1	12.50
PAED90007 Professional Practice in Context	Semester 1	12.50
POPH90200 Principles of Social Research Design	February	12.50
PSYC90062 Mental Health and Young People	Semester 2	12.50

Adult (Stream D)

Subject	Study Period Commencement:	Credit Points:
PSYT90007 Personality Theory & Human Behaviour	Semester 2	12.50
PSYT90083 Basic Structured Psychotherapies	Semester 1	12.50
NURS90012 Psychopharmacology	Semester 1	12.50
PSYT90085 Mental Health and Substance Use	Semester 2	12.50
CLRS90010 Basic Clinical Research Tools	May, Semester 1	12.50
PSYT90084 Advanced Structured Psychotherapies	Not offered 2014	12.50
POPH90200 Principles of Social Research Design	February	12.50
SCWK90027 Advanced Trauma Perspective	Not offered 2014	12.50

Entry Requirements:

1 a The Selection Committee will evaluate the applicant's ability to pursue successfully the Graduate Certificate within the Master of Mental Health Science course using the following criteria:

- # An undergraduate degree in the cognate area of health or mental health; OR
- # A minimum five years' full time professional experience in a mental health field (within the previous ten years) together with evidence of advanced training such as: professional certificate in mental health; or completion of the Mental Health Online Professional Development; or completion of the Developmental Psychiatry Course; and, written evidence from a minimum of two referees.
- # Meeting the University's English language requirement.
- # Students undertaking clinical subjects in Stream A (Clinical Infant Case Studies, Observation and Assessment Skills) or Stream B (Clinical Practicum: Working with Children, Clinical Practicum: Working with Adolescents) will be required to be employed in a Health or Mental Health Field and have a current Working With Children check.

1 b The Selection Committee will evaluate the applicant's ability to pursue successfully the Graduate Diploma within the Master of Mental Health Science course using the following criteria:

- # An postgraduate degree in the cognate area of health or mental health; OR
- # A Graduate Certificate in Mental Health Science (or equivalent) with a minimum grade of H2B
- # Meeting the University's English language requirement.

1 c The Selection Committee will evaluate the applicant's ability to pursue successfully the Master of Mental Health Science course using the following criteria:

- # A postgraduate degree in health or mental health with a minimum grade of H2A.
- # Meeting the University's English language requirement.

2 The Selection Committee may conduct interviews and tests and may call for referees.

Core Participation Requirements:

80% attendance of designated workshops and contact sessions; submission of all required assessment tasks; and, where applicable, completion of exams.

Graduate Attributes:

Knowledge Graduates of the Master of Mental Health Science will have specialised knowledge of: The research methodological approaches to a specific problem in a mental health field

Skills Graduates of the Master of Mental Health Science will have expert cognitive skills in: The synthesis of the methodological approaches used to form an evidence base in a specific field of mental health Critically analysing the strengths and weaknesses of an evidence based approach in a mental health field The application and justification of a research methodological approach in a mental health field The interpretation of the findings from a research project in a mental health field in the context of previous knowledge in the field Graduates of the Master of Mental Health Science will have specialised skills: In the communication and transmission of complex ideas to specialist and non-specialist audiences Application Graduates of the Master of Mental Health Science will have: A high degree of autonomy and a strong sense of responsibility Expert judgement in the application of research methodology in a specific field of mental health Specialised skills in the synthesis and interpretation of research findings in a field of mental health.