

## MUSI30059 Alexander Technique

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| <b>Credit Points:</b>                    | 6.25   |
| <b>Level:</b>                            | 3 (Undergraduate)  |
| <b>Dates &amp; Locations:</b>            | 2011, Southbank<br>This subject commences in the following study period/s:<br>Semester 1, Southbank - Taught on campus.<br>Semester 2, Southbank - Taught on campus.   |
| <b>Time Commitment:</b>                  | Contact Hours: 12 hours per semester Total Time Commitment: 12 hours contact & 12 hours study per semester   |
| <b>Prerequisites:</b>                    | None   |
| <b>Corequisites:</b>                     | None   |
| <b>Recommended Background Knowledge:</b> | None   |
| <b>Non Allowed Subjects:</b>             | None   |
| <b>Core Participation Requirements:</b>  | For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Description, Subject Objectives, Generic Skills and Assessment Requirements of this entry. The University is dedicated to provide support to those with special requirements. Further details on the disability support scheme can be found at the Disability Liaison Unit website: <a href="http://www.services.unimelb.edu.au/disability/">http://www.services.unimelb.edu.au/disability/</a> |
| <b>Coordinator:</b>                      | Mr Robert Schubert   |
| <b>Contact:</b>                          | Faculty of the VCA and Music Student Centre<br>Email: <a href="mailto:vcam-info@unimelb.edu.au">vcam-info@unimelb.edu.au</a><br>Tel: +61 3 9685 9419<br>Fax: +61 3 9685 9358<br>Web: <a href="http://www.vcam.unimelb.edu.au">www.vcam.unimelb.edu.au</a>  |
| <b>Subject Overview:</b>                 | This subject deals specifically with techniques of a highly specialist nature. It requires both individual and small group attention, and attends to the particular characteristics of individuals in relation to such issues as posture and movement, which in turn may affect physical and mental health and stamina and, more specific to music, the sound one makes.   |
| <b>Objectives:</b>                       | Upon completing this subject students should be able to: <ul style="list-style-type: none"> <li>• Have developed and refined the skill of good use;</li> <li>• Integrate this skill into music performance as well as into daily activities;</li> <li>• Have gained an historical perspective of the Alexander Technique and an appreciation of F.M. Alexander's contribution to education.</li> </ul>   |
| <b>Assessment:</b>                       | Continuous: Preparation and commitment as demonstrated by performance tasks and/or a regularly updated journal of activities embracing all areas studied (100%) - Hurdle requirement 80% attendance.   |
| <b>Prescribed Texts:</b>                 | None   |
| <b>Recommended Texts:</b>                | None   |
| <b>Breadth Options:</b>                  | This subject is not available as a breadth subject.  |
| <b>Fees Information:</b>                 | Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>  |

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| <b>Generic Skills:</b>    | <p>Upon completion of this subject students should be able to:</p> <ul style="list-style-type: none"><li>• Exhibit extensive theoretical and practical knowledge of their discipline including relevant professional knowledge, skills, discipline and ethics as they relate to the practising musician;</li><li>• Demonstrate an open and independent attitude towards contemporary cultural developments;</li><li>• Demonstrate a flexible and innovative approach to the challenges for the professional musician in the 21st century;</li><li>• Critically and creatively engage with topics of cultural significance across the broader community;</li><li>• Work at various levels, both individually and as a team member, in a wide variety of musical environments;</li><li>• Understand and appreciate how the arts connect with the broader society and culture.</li></ul> |
| <b>Related Course(s):</b> | <p>Bachelor of Music Performance<br/>Bachelor of Music Performance (Guitar) (VCA)<br/>Bachelor of Music Performance (Improvisation) (VCA)<br/>Bachelor of Music Performance (Keyboard) (VCA)<br/>Bachelor of Music Performance - Practical Composition-(VCA)<br/>Bachelor of Music Performance(Orchestral Instruments) (VCA)</p>  |