

PSYT90044 Psychosocial Interventions

Credit Points:	12.50
Level:	9 (Graduate/Postgraduate)
Dates & Locations:	2010, Parkville This subject commences in the following study period/s: March, Parkville - Taught online/distance. Semester 2, Parkville - Taught online/distance.
Time Commitment:	Contact Hours: 24 contact hours. Total Time Commitment: Not available
Prerequisites:	Nil.
Corequisites:	.
Recommended Background Knowledge:	.
Non Allowed Subjects:	.
Core Participation Requirements:	For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Students Experiencing Academic Disadvantage Policy, academic requirements for this subject are articulated in the Subject Description, Subject Objectives, Generic Skills and Assessment Requirements of this entry. The University is dedicated to provide support to those with special requirements. Further details on the disability support scheme can be found at the 3 Disability Liaison Unit website : 4 http://www.services.unimelb.edu.au/disability/
Coordinator:	Dr Anna Sidis, Mr Steve Halperin
Contact:	Ms Nazan Yuksel, nyuksel@unimelb.edu.au
Subject Overview:	Course content includes: # Foundations of cognitive-behavioural therapies (CBT); # Recent developments in the applications of CBT in the treatment of serious mental illness; # Designing basic CBT interventions for young people with serious mental illness; # Interpersonal developmental theories and the role of the peer group; # Designing group-based interventions for young clients; and # Providing psychoeducation and support to families.
Objectives:	.
Assessment:	20% : 15-minute audio or video-taped presentation; 80% : One written case study (2000 words max).
Prescribed Texts:	.
Breadth Options:	This subject is not available as a breadth subject.
Fees Information:	Subject EFTSL, Level, Discipline & Census Date, http://enrolment.unimelb.edu.au/fees
Generic Skills:	By the end of this subject students should be able to: # Outline the major developments in the application of cognitive-behavioural interventions in the treatment of the onset of serious mental illness in young people; # Develop a basic understanding of the role of psychodynamic therapies in the treatment of serious mental illness in young people; # Design cognitive-behavioural interventions in the treatment of primary and secondary morbidity in serious mental illness in young people; # Outline the rationale for group-based interventions in working with young people; # Design group-based interventions for young people with serious mental illness;

	<ul style="list-style-type: none"># Outline the major needs of families experiencing the onset of a major mental illness; and# Design and implement core family-based interventions.
Related Course(s):	Graduate Diploma in Mental Health Sciences(Young People's Mental Health)