

## 756-137 Kinetic Studies 1B

<b>Credit Points:</b>	6.25
<b>Level:</b>	1 (Undergraduate)
<b>Time Commitment:</b>	Contact Hours: 3 hours per week Total Time Commitment: 5 hours per week
<b>Prerequisites:</b>	Kinetic Studies 1A
<b>Corequisites:</b>	None
<b>Recommended Background Knowledge:</b>	None
<b>Non Allowed Subjects:</b>	None
<b>Core Participation Requirements:</b>	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt;         &lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: &lt;a href="http://services.unimelb.edu.au/disability"&gt;http://services.unimelb.edu.au/disability&lt;/a&gt;&lt;/p&gt;</p>
<b>Contact:</b>	Student and Academic Services, Faculty of the Victorian College of the Arts, 234 St Kilda Road, Southbank Vic 3006 Tel: 03 9685 9419
<b>Subject Overview:</b>	<p>This subject is designed to provide a foundation in safe dance practice, based on sound anatomical knowledge and a practical understanding of different kinetic practices. The subject includes the study of Anatomy, Pilates and other kinetic practices. The anatomy component includes the further study of the musculo-skeletal system, muscle and synovial joint form and function, postural alignment and efficient technique to prevent dance injuries. Kinetic practices provide a basis for core stabilization and balanced alignment to facilitate efficiency in movement.</p>
<b>Assessment:</b>	Participation and contribution to course work including completion of set tasks (50%); written examinations (25%); set tasks (25%). Hurdle requirement - 80% attendance.
<b>Prescribed Texts:</b>	None
<b>Breadth Options:</b>	This subject is not available as a breadth subject.
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Generic Skills:</b>	<p>On completion of this course students should have acquired the following skills:</p> <ul style="list-style-type: none"> <li># the ability to synthesise data and other information on the human body;</li> <li># the ability to apply theory to practice;</li> <li># the capacity for kinaesthetic awareness.</li> </ul>
<b>Related Course(s):</b>	Bachelor of Dance (VCA)