

## 208-CA Graduate Diploma in Mental Health Science(Ch.Adol.&Fam.Ment.Health)

<b>Year and Campus:</b>	2009
<b>Fees Information:</b>	Subject EFTSL, Level, Discipline & Census Date, <a href="http://enrolment.unimelb.edu.au/fees">http://enrolment.unimelb.edu.au/fees</a>
<b>Level:</b>	Graduate/Postgraduate
<b>Duration &amp; Credit Points:</b>	
<b>Contact:</b>	To receive an application form or a course handbook, or to discuss your professional development interests, please contact: Dr Sophie Havighurst (Course Coordinator), or Ms Maria Humphries (Course Administrator). Address: mindful - Centre for Training and Research in Developmental Health Building 36, Repatriation Campus, Austin Health Heidelberg 3084 VIC Phone: (03) 9496 4118 Fax: (03) 9499 9120 Email: <a href="mailto:mariamh@unimelb.edu.au">mariamh@unimelb.edu.au</a>
<b>Course Overview:</b>	<p>The Graduate Diploma in Mental Health Sciences (Child, Adolescent and Family Therapies) is designed to teach therapeutic skills to professionals working in the child, adolescent and family mental health field.</p> <p>The course builds a foundation of knowledge in cognitive-behavioural, psychodynamic, and family systems therapies. Significant attention is directed towards engagement and skills and strategies used in therapeutic work with children, adolescents and families. Course participants are encouraged to explore an eclectic mix of techniques, use these in their clinical work, and to discuss this work in the clinical supervision sessions. These sessions create an ideal method by which the trainee learns therapeutic concepts / techniques, applies them in practice, and then refines and extends these in the clinical practicum.</p> <p>Trainees will learn how to develop individually tailored therapy for working with children, adolescents, parents, and families. The role of the child's network and liaison with other professionals will also be explored as a part of therapeutic work.</p> <p>The graduate Diploma in Mental Health Sciences (Child, Adolescent and Family Therapies) is offered by the Department of Psychiatry within the Faculty of Medicine, Dentistry and Health Sciences, The University of Melbourne. It is held at <i>mindful</i> - Centre for Training and Research in Developmental Health, Austin Repatriation Hospital. <i>Mindful</i> draws on the services of well-experienced clinicians to contribute to the theoretical and clinical components of the course.</p>
<b>Objectives:</b>	<p>On completion of this course participants will have:</p> <ul style="list-style-type: none"> <li># acquired an advanced knowledge of the theoretical principals of the most commonly employed effective clinical treatment modalities, so as to enable conceptualisation of presenting problems from a variety of perspectives;</li> <li># enhancing their skills in the appropriate application of specific interventions which are employed within the most commonly used effective clinical treatment modalities; and</li> <li># developed a sound understanding of the rationale for deciding upon a specific treatment, from a range of possible treatments.</li> </ul> <p>This course also facilitates the development of particular generic skills. On completion of the course, students should be able to:</p> <ul style="list-style-type: none"> <li># value the contributions made by a range of theorists and practitioners to the field of child, adolescent and family mental health;</li> <li># critically evaluate the contributions of different theorists and practitioners;</li> <li># use information derived from the assessment of a child, adolescent or family to develop a treatment plan;</li> <li># evaluate the effectiveness of an implemented treatment plan and make modifications as appropriate;</li> <li># prepare a written review of theoretical approaches in work with children, adolescents, parents and families;</li> <li># make effective use of the supervision process as a means of improving clinical skills and of ensuring appropriate clinical work is conducted with children, adolescents, parents and families;</li> <li># present case material for the consideration of colleagues;</li> <li># constructively reflect upon colleagues' clinical work;</li> <li># utilise problem-solving skills in responding independently to the needs of children, adolescents, parents and families in treatment;</li> <li># prepare a report of clinical work conducted with children, adolescents, parents and families;</li> </ul>

	<ul style="list-style-type: none"><li># participate productively in a team of helpful professionals; and</li><li># provide effective treatments within child, adolescent and family treatment settings.</li></ul>																											
Course Structure & Available Subjects:	<p>The course is conducted on a two year part-time basis - one half day per week over four twelve week semesters. It requires the completion of four coursework subjects - which each have a written assessment of between 3,000 and 5,000 words; four clinical practicums - which each have a written case assessment of 2,500 to 4,000 words, and a log of clinical contacts. Coursework subjects comprise seminars combining didactic teaching with discussion and experiential learning. The four coursework subjects are:</p> <ul style="list-style-type: none"><li># Foundations of Working with Children</li><li># Foundations of Working with Adolescents</li><li># Foundations of Working with Families</li><li># Foundations of Parent and Liaison Work</li></ul> <p>Clinical practicums comprise closely supported training in the application of various forms of clinical work through close supervision with well-experienced clinicians. The four clinical practicums are:</p> <ul style="list-style-type: none"><li># Working with Children</li><li># Working with Adolescents</li><li># Working with Families</li><li># Conducting Parent and Liaison Work</li></ul> <p>Whilst participating in each of these clinical practicums, students must work with the relevant population, eg. during the "Working with Children" practicum, trainees must have direct therapeutic contact with children aged 0 - 12 years. Applicants who do not have the required access to children, adolescents or families are helped to seek opportunities for access through other services.</p> <p>The course assumes a working knowledge of normal / abnormal development, child, adolescent and family assessment, and clinical formulation skills. Participants who do not have this experience are encouraged to undertake the Developmental Psychiatry Course offered at <i>mindful</i>.</p>																											
Subject Options:	<p><b>Core Subjects:</b></p> <table><tr><th>Subject</th><th>Study Period Commencement:</th><th>Credit Points:</th></tr><tr><td>554-840 Foundations of Working with Families</td><td>Semester 1</td><td>12.500</td></tr><tr><td>554-842 Clinical Practicum: Families</td><td>Semester 1</td><td>12.500</td></tr><tr><td>554-841 Foundations of Parent and Liaison Work</td><td>Semester 2</td><td>12.500</td></tr><tr><td>554-843 Clinical Practicum: Parent&amp;Liaison Work</td><td>Semester 2</td><td>12.500</td></tr><tr><td>554-819 Foundations of Working with Children</td><td>Semester 1</td><td>12.500</td></tr><tr><td>554-821 Clinical Practicum: Children</td><td>Semester 1</td><td>12.500</td></tr><tr><td>554-820 Foundations of Working with Adolescents</td><td>Semester 2</td><td>12.500</td></tr><tr><td>554-822 Clinical Practicum: Adolescents</td><td>Semester 2</td><td>12.500</td></tr></table>	Subject	Study Period Commencement:	Credit Points:	554-840 Foundations of Working with Families	Semester 1	12.500	554-842 Clinical Practicum: Families	Semester 1	12.500	554-841 Foundations of Parent and Liaison Work	Semester 2	12.500	554-843 Clinical Practicum: Parent&Liaison Work	Semester 2	12.500	554-819 Foundations of Working with Children	Semester 1	12.500	554-821 Clinical Practicum: Children	Semester 1	12.500	554-820 Foundations of Working with Adolescents	Semester 2	12.500	554-822 Clinical Practicum: Adolescents	Semester 2	12.500
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Entry Requirements:	Degree in developmental psychiatry or related qualifications (eg. nursing, psychology, occupational therapy, speech therapy, psychiatry, medicine and physiotherapy). Candidates should be currently working with children, adolescents, parents and families.																											
Core Participation Requirements:	<p>&lt;p&gt;For the purposes of considering request for Reasonable Adjustments under the Disability Standards for Education (Cwth 2005), and Student Support and Engagement Policy, academic requirements for this subject are articulated in the Subject Overview, Learning Outcomes, Assessment and Generic Skills sections of this entry.&lt;/p&gt; &lt;p&gt;It is University policy to take all reasonable steps to minimise the impact of disability upon academic study, and</p>																											

reasonable adjustments will be made to enhance a student's participation in the University's programs. Students who feel their disability may impact on meeting the requirements of this subject are encouraged to discuss this matter with a Faculty Student Adviser and Student Equity and Disability Support: <http://services.unimelb.edu.au/disability>